
HUB LAKES LEAGUE

2008

SPORTS PROGRAM

**Coaches: Please e-mail or fax your results to
Dennis Wilson at:**

info@hublakes.com

Fax: 973-364-0425

HUB LAKES LEAGUE 2008 OFFICERS

President	Bill Peer	586-3485 27 Cedar Lake East., Denville 07834
VP – Admin	Glen Skar	540-0818 28 Cutler St. Morristown, 07960
VP Operations	Susan Elko	625-5031 91 West Shore Rd., Denville, 07834
Treasurer	Larry Plumb	625-0370 14 Locust Trail, Denville 07834
Recording Secretary	Chris Jackson	983-8913 134 Florence Ave, Denville 07834
Corresp. Secretary	Chris Jackson	983-8913 134 Florence Ave, Denville 07834
Trophy Chairperson	Mike O'Brien	625-3198 155 Green Pond Rd, Rockaway, 07866

LAKE REPRESENTATIVES

Arrowhead	Kevin Williams	617-0222 22 Elm Street, Denville 07834
Cedar	Susan Priore	586-7588 112 Hillcrest Drive, Denville 07834
Estling	Glen Skar	540-0818 28 Cutler St., Morristown,
Indian	Chip Reichhard	625-8592 101 E. Shore Rd, Denville, 07834
Intervale	Rudy Katzenberger	263-8488 1 Pleasant Terrace, Boonton, 07005
Mountain	Christine Whitehouse	334-8190 6 Warwick Rd, Mt. Lakes 07046
Parsippany	John Bota	386-9143 10 Essex Road, Parsippany 07054
Rainbow	Charlie Engfer	627-8941 11 Long Road, Denville 07834
Rock Ridge	Bob Williams	627-4310 31 West Glen Rd., Denville, 07834
Telemark	Lisa Bischer	586-4563 18 Lindbergh Trail, Rockaway, 07866
White Meadow	Cynthia Donnelly	713-9717 71 West Lake Shore Dr., Rockaway 07866

Welcome To Hub Lakes 2008

“For when the One Great Scorer comes to mark against your name, he writes not that you won or lost – but how you played the game” (Grantland Rice)

GOOD SPORTSMANSHIP RULES!

1. ***The “Golden Rule” – Due unto others as you would have others do unto you.*** Show respect for them if you expect it yourself.
2. ***Have an understanding and an appreciation of the rules.*** The spirit of good sportsmanship depends on conforming to the intent of the rule and not looking for a loop hole. (Example – all players must bat so several weak hitters are asked to stay home for a game)
3. ***Enjoy yourself and encourage enjoyment for others.*** We play sports for recreation so let’s make it that.
4. ***Take responsibility for your actions.*** Don’t blame others for your mistakes or find excuses for poor behavior.
5. ***Recognize and appreciate good performances, especially by the opponent.*** Applause for an opponent’s good play demonstrates generosity and courtesy. It shows a true awareness of the game and athletic ability.
6. ***Exhibit respect for the officials.*** Umpires are impartial arbitrators who perform to the best of their ability to make sure the game is played fair and within the rules. Mistakes made by all those involved are a part of the game and must be accepted.
7. ***Expect proper behavior from your teammates.*** If you allow a teammate to cheat, to play dangerously, to argue and scream at officials, you are condoning that behavior.

Every time we go out and play, we are being watched. We may not realize it but someone, possibly a young impressionable person, is observing you and how you act. Your behavior may have a significant impact, positive or negative, on them. Maybe what they see in our arenas will set a better example for them than what they see on TV. If we all perform to the best of our abilities within the concept of good sportsmanship, we should all have an enjoyable and possible, just possibly, our lives may be a little richer.

Thank you,
Bill Peer
 HUB Lakes President

Eligibility of Competitors

Age group participation is governed by the age of the participant as of June 1st. No individual living at one lake can participate on a team of another lake. Competitors on the team representing member organizations in Hub Lake League competition shall be bona fide residents of the communities in which the clubs' organizations are located. A "bona fide resident" is a person who is a year round or a summer resident within the community's territorial limits. A "summer resident" means one whose family owns or rents a home in the community and who **lives** there at least during the months of July and August of the year he/she competes in league activities. Dependent children in the care and custody of a "bona fide resident" of a member organization shall be eligible to participate in all sports. In the event the eligibility of a competitor is challenged, either by the director of the league or by the manager of another team, the protest shall be communicated to a league director by the manager of the protesting team or by the representative from that community. The protest shall be made immediately and in any event must be made no later than one week after final events for that sport. The League Chairperson shall thereupon meet to consider the protest and may require the team or sponsoring organization in question to submit proof of its competitor's ability to meet the residence requirements. Failure to do so shall result in disqualification of the player. Use of an ineligible player will force a team to forfeit all its games, matches or similar events in which the player took part and forfeit all points scored by the player or his/her team. Use of any ineligible player will force a forfeit of points to the entire team in:

Horseshoes, Roller Hockey, Softball, Table Tennis and Volleyball; to the individuals score in Bowling, Diving, Golf, Swimming and Track.

Protest Procedure: Unsportsmanlike Conduct/Rule Changes:

1. Protest must verbally be reported to the Sports Chairman within 24 hours followed by a written report in 72 hours.
2. The Sports Chairman must inform the challenged team's coach and allow 48 hours for a written rebuttal.
3. The Sports Chairman must inform the VP of Operations if negotiations fail to reach a compromise or decision. The Sports Chairman will form a committee of 3 persons including self and 2 coaches from a non-connected lake and the VP of Operations will be present. Their decision will be irrevocable and final.
4. If the committee cannot resolve the dispute, it will be presented to the full Board of Directors. Such discipline may result in loss of points, or suspension for past, current or following season for the offender.

POINT SCORING AND TROPHIES

The Hub Lakes League awards two trophies to competing lakes. The first is the Overall Trophy. For this trophy, points are awarded for each sport based on team standings. The second trophy is the Handicap Trophy. Points are awarded for this trophy in the same manner as the Overall Trophy, however, each lake will be given a handicap based on the previous 3 years results. The winner of the Overall Trophy is not eligible to win the Handicap Trophy. The point system and handicaps are listed below.

Points will be awarded to teams in the following manner, regardless of the number of teams participating:

PLACE: 1 2 3 4 5 6 7 8 9 10 11 12

POINTS: 13 11 10 9 8 7 6 5 4 3 2 1

This point system rewards participation by awarding higher points to those team that do compete. Because of this, the lakes are encouraged to field teams in more sports in order to earn additional points.

ADDITIONAL GUIDELINES

A minimum of 3 teams will be allowed to compete provided that these teams play each other twice. Sports in which 4 teams participate must also play each other twice. In order to qualify for points, a team must participate in at least 50% of the sports' schedule (excluding Swimming and Diving). Winning by forfeit counts as having played.

2008 HANDICAPS

Arrowhead – 158	Cedar – 89	Estling – 106
Indian – 42	Intervale – 167	
Mt. Lakes – 68	Parsippany-137	Rainbow – 78
Rock Ridge – 91	Telemark – 158	White Meadow – 94

NOTICE OF INSURANCE

The Hub Lakes League is a non-profit organization operating for the benefit of its members. As a non-profit entity, the Hub Lakes League does not have the financial resources to provide medical or liability coverage for those who participate in Hub Lakes sponsored events. Such coverage is the responsibility of the member organizations or the individual participants.

2007 OVERALL TROPHY POINTS

Indian	159.5	White Meadow	88
Mountain	124.5	Parsippany	62.75
Rainbow	122.25	Arrowhead	50.25
Rock Ridge	113	Telemark	42
Cedar	110.5	Intervale	38.5
Estling	104.75		

2007 SPORTS WINNERS

Bowling -----Mountain	Swimming -----Mt. Lakes
Diving -----Indian	Swimming (2 nd)---Indian
Men's Golf -----Indian	Table Tennis -----Estling
Women's Golf – Mountain	Tennis -----White Meadow
Men Horseshoes – White Meadow	Jr. Track -----Indian
Women Horseshoes –Estling	Sr. Track -----Indian
Men Softball -----Parsippany	Men Volleyball ---Estling
Women Softball – Rainbow	Women Volleyball – Rock Ridge
	C-E Volleyball---- Estling

2007 HANDICAP TROPHY POINTS

Arrowhead	*208.3	Cedar	197
Parsippany	*208.3	Mountain	188.5
Estling	207.8	Telemark	186.5
Intervale	202.5	White Meadow	182
Rock Ridge	201		
Rainbow	200.3		

2007 Results

HUB LAKES DANCE
SATURDAY, October 4, 2008

LOCATION: Indian Lake Clubhouse

Time: 8:00 p.m. – 1:00 a.m.

Music – Door Prizes – Awards

Hors Devours - Jackets Required

Tickets \$15.00 per person

BOWLING

2007 WINNER: Mountain

High Game Men: Roger McKeon – Telemark - 279

High Game Women: Heidi Errichetti – Mt. - 215

CHAIRPERSON: Ken Vanderhoof – 627-1617

TOURNAMENT DATE: Sunday, June 29, 2008

TIME: 1:30 p.m.

PLACE: Boonton Lanes, 20 Myrtle Ave, Boonton

COST: \$101.00 per team (**Cash ONLY Please**)
(10 members/Team)

LAKE	COACH	PHONE
Arrowhead	Jerry Brown	586-4867
Cedar	Gary Petrillo	625-1255
	Brian McCann	586-1218
Estling	Nancy Saulter	627-8968
Indian	Tom Colucci	625-7732
Mt. Lakes	Heidi Errichetti	214-6978
Parsippany	Debbie Orme	503-0640
Rainbow	Ken Vanderhoof	627-1617
Rock Ridge	Sam Chiappa	625-1524
Telemark	Arnie Uhleman	627-1708
White Meadow	Maureen Rivette	625-4370

1. A team will consist of 10 (6 men & 4 women), 18 yrs. Or older. A minimum of 8 bowlers are required; otherwise a lake must forfeit. The score for an absent bowler is zero. The handicap for an absent bowler is also zero.
2. Bowlers must use current average (within 2 years) for tournament from:
 - a) ABC or WIBC League
 - b) If no average, then an average from no less than 21 games of bowling from an unsanctioned league will be accepted. The league secretary will be asked to verify the average.
3. If bowler has neither of the above averages, his or her average will be determined by the 3 games bowled during the tournament.
4. Handicap will equal 80% of the difference between the bowler's average and 200 pins for men and women.
5. Lakes must submit entries prior to the tournament. Each coach will be advised by the chairman as to procedure for submitting entries.

THANKS TO HAVERLY SYSTEMS FOR COMPUTING SCORES

DIVING

2007 WINNER: Indian

Chairperson: Janet Focara 335-8086/Heidi Wilson 627-3959

LAKE	COACH	PHONE
Cedar	Karin Jackson	983-8913
Indian	Heidi Wilson	627-3959
Mt. Lakes	Janet Focara	335-8086

RULES FOR INVITATIONAL DIVING MEETS

1. Current U.S. Diving rules will apply as modified by participating Hub Lakes diving coaches, lake reps, and diving chairperson.
2. All divers must make an honest attempt to complete all the required and optional dives
3. Hub Lakes entry forms will be issued and used for all meets.
4. All entry forms must be completely filled out and signed by the diver and coach (or lake rep) for all meets.
5. All entries must be submitted to the clerk of the meet no later than 6:00 p.m.
6. Home team must supply scoring facilities, clerks and referees. Each visiting will supply at least one judge by 6:00 p.m.
7. No lake will be allowed to participate in a meet unless it supplies one judge, 18 or over (other than coaches).
8. Five diving judges are required.
9. Referee may stop the meet any time if, in his/her opinion, the divers do not have enough time to complete the remaining dives before darkness.
10. Home team manager must cancel the meet because of inclement weather, etc. before 5:00 p.m.
11. Age groups: 8/under, 9/10, 11/12, 13/over.
12. Any number of divers will be allowed to dive officially from each team.
13. Boys will dive their #1 dive, then girls will dive their #1 dive, etc.
14. Scoring: First 10 places score. 1st place-10 pts, 2nd place-9 pts, 3rd place-8 pts, 4th place-7 pts; etc..
15. All meets will start promptly at 6:30 p.m.
16. Dives must be performed in the order listed under the requirements – required first then optionals.
17. After completion of a dive, the referee will signal the judges if the dive is to be scored. Scores will be shown simultaneously.

2008 HUB LAKES DIVING SCHEDULE

DATE	AGE GROUP	LOCATION	DIVES
June 26	Open	Mountain	8/unders & 9/10 must do 3 Dives but from 3 different Groups (1M). 11/12 & 13/over: #1 –Forward dive (#101) #2 –Back dive (#201) #3 –Optional –no repeat group (1M or 3M)
July 3	Open	Indian	8/U & 9/10 must do any 3 dives But from 3 different groups (1M) 11/12 & 13/O: #1-Forward dive (# 101) #2-Back dive (#201) #3-Optional-no repeat group (1M or 3M)
July 10	12/Under	Mountain	8/U & 9/10 any 3 dives but from 3 different groups (1M). 11/12: #1-Any somersault (Group #100, 200, 300, 400) #2-Any twist (Group #5000) #3-Optional-no repeat group (1M or 3M)
July 17	13/Over	Indian	#1-Any inward dive (Group 400) #2-Any twist (Group 5000) #3-Any optional-no repeat group (1M or 3M)
July 24	All	Mountain	8/U & 9/10 Any 3 dives from 3 Different groups (1M). 11/12 & 13/O Any 2 required dives (#101,201,301,401,5111) Any optional but no repeat dives Or group. (1M or 3M).

The open preliminary diving championships may be used to determine which divers will represent their teams in the championships on July 26, 2008 at Mountain. The final decision will be made by the coach.

Home team is to provide the announcer, table workers, 2 judges & score cards. Visitors will provide 2 judges. A roster with name, lake, age group, & birth date to be turned in to Heidi Wilson no later than July 19, 2008.

Rain date for the Championships is July 27, 2008. All meets start promptly at 6:30 p.m., as they have in the past.

DIVING CHAMPIONSHIP

PLACE: Mountain **DATE:** Saturday, July 26, 2008 - 9:00 a.m.

Chairperson: Janet Focara: 335-8086 **Rain Date:** Sunday, July 27, 2008- 9:00 a.m.

RULES:

1. Diving tables and difficulty ratings in the current rule book will apply.
2. Each diver must participate in his/her own age group. No one can be moved into a higher or lower age group.
3. Coaches may compete, provided they meet residency requirements.
4. All divers must make an honest attempt to complete all the required & optional dives. The referee's opinion in the matter is final.
5. The referee must be briefed on all Hub Lakes Meet rules which are contrary or additional to the U.S. Diving rules.
6. The Hub Lakes diving form must be filled out completely & signed by the diver & lake coach before it is accepted by the Diving Chairperson on July 26, 2008. A dive once submitted, may be changed up until the announcements of the divers age group, only with the approval of the Diving Chairperson and the Referee.
7. All diving forms must be in the hands of the Diving Chairperson before 6:00 p.m., Friday, July 25, 2008.
8. Officials: 5 judges for each age group; 3 clerks to be selected by the lake reps; 1 referee for each age group designated by the Chairperson. Each lake will have available 2 persons qualified to judge a meet. Judges will have judged at least 2 of the current year's invitational meets & participated in at least 1 current judging clinic, or have prior diving experience as evaluated by the diving Chairperson. The Chairperson shall, as far as possible, arrange for balanced representation of each lake with respect to judges.
9. Entries: Limited to 2 boys & 2 girls in each age group from each lake. No unofficial divers are permitted.
10. No diver, 14 and under, will be allowed to participate in the Championship meet unless he/she has competed officially in at least 1 Invitational Meet.
11. Scoring: 1st - 7 pts; 2nd - 5 pts; 3rd - 4 pts; 4th - 3 pts; 5th - 2 pts; 6th - 1 pt.
12. Awards: 1st-Trophy; 2nd & 3rd - Medals; 4th, 5th, 6th- Ribbons.
13. To arrange practice on diving boards during the week preceding Championship Meet, please call the rep of the host team.
14. Dives must be performed in the order listed under requirements-required first, then optionals.
15. The Chairperson, in consultation with the lake reps, shall determine if weather or other safety factors indicate if the meet should be postponed, delayed or terminated.
16. In case the meet is stopped before completion, the lake reps shall meet immediately to plan for completion of the meet.
17. After completion of a dive, the referee will signal the judges if the dive is to be scored. Scores will be shown simultaneously.
18. Decisions of the referee are final unless an immediate protest is made by the diver/coach. In such a case, the diver/coach will request the referee to reconsider the contested decision stating the rationale. The referee will then consider the rules of the meet and render an immediate and final decision.
19. It is the responsibility of each lake clerk to monitor score sheets for errors. Corrections made after scores are read must be agreed to by the lake clerks in consultation with the Chairperson. Corrections to individual scores may not be made after the results of the age group are completed and awards have been announced. Corrections to team scores for team placement must be made before the final team scores are announced at the end of the meet.

DIVER REQUIREMENTS FOR CHAMPIONSHIPS

Age Group 8/Under – 3 dives (optional) – 1 each from 3 different groups (1M).

Age Group 9/10 – 3 dives (optional) – 1 each from 3 different groups (1M).

Age Group 11/12 – 4 dives. Any 2 required dives (#101, 201, 301, 401, 5111); 2 Optionals. The Optional dives may be from any of the 5 groups, but they may not be both from the same group. However, each diver must include at least 3 groups in his/her dives. All dives from either high or low board.

Age Group 13/14 – 5 dives. Any 2 required dives (#101, 201, 301, 401, 5111); 3 Optionals. The optional dives may be from any of the 5 groups, but no 2 of the optional dives may be from the same group. Either high or low board.

Age Group 15/17 – 6 dives. Any 3 required dives (#101, 201, 301, 401, 5111); 3 Optionals. The optional dives may be from any of the 5 groups, but no 2 of the optional dives may be from the same group. Either high or low board.

Age Group 18/Over – 6 dives. Any 3 required dives (#101, 201, 301, 401, 5111); 3 Optionals. The optional dives may be from any of the 5 groups, but no 2 of the optional dives may be from the same group. Either high or low board.

2007 HUB LAKES DIVING CHAMPIONSHIP RESULTS

PLACE	NAME	TEAM	SCORE
Boys 8/U			
1 st	Z. Sheridan	Cedar	40.40
2 nd	J. Sheridan	Cedar	39.45
3 rd	S. Leighton	Indian	35.50
Girls 8/U			
1 st	M. Somogyi	Indian	44.70
2 nd	P. Dixon	Indian	41.50
Boys 9/10			
1 st	M. Chapman	Indian	63.75
2 nd	R. Pelliconi	Indian	61.80
3 rd	T. Plante	Mountain	58.15
Girls 9/10			
1 st	C. Knudsen	Indian	75.65
2 nd	R. Buckley	Mountain	65.40
3 rd	J. Gregory	Indian	58.90
Boys 11/12			
1 st	M. Wilson	Indian	110.35
2 nd	R. Carter	Mountain	92.45
3 rd	M. Gregory	Indian	73.55
Girls 11/12			
1 st	J. Chapman	Indian	133.65
2 nd	K. Buckley	Mountain	111.50
3 rd	P. Holasek	Mountain	96.00
Boys 13/14			
1 st	S. Trisler	Indian	152.25
2 nd	J. Richards	Mountain	133.35
3 rd	E. Trisler	Indian	115.10
Girls 13/14			
1 st	J. Buckley	Mountain	146.60
2 nd	M. Martinsen	Indian	137.75
3 rd	X. Fernnder	Mountain	114.30
Boys 15/17			
1 st	R. Trisler	Indian	194.65
2 nd	A. Cacella	Indian	114.40
Girls 15/17			
1 st	A. Wilson	Indian	198.15
2 nd	S. Waer	Indian	194.25
3 rd	C. Pulice	Cedar	192.95
Boys 18/O			
1 st	M. Chapman	Indian	165.25
2 nd	S. Dixon	Indian	147.40
Girls 18/O			
1 st	L. Rush	Indian	243.40
2 nd	M. Bernstein	Mountain	196.60
3 rd	L. Gregory	Indian	195.40

WOMEN'S GOLF**2007 Winner: Mountain****Chairperson:** Kaye Bischoff 625-2746**Date:** Thursday July 10, 2008 **Tee Time:** 9:00am **Place:** Farmstead**Greens Fee:** \$216.00/ team (includes cart fee) Make checks payable to Hub Lakes League.

LAKE	COACH	PHONE
Cedar	Susan Richardson	625-1290
Estling	Kaye Bischoff	625-2746
Indian	Nancy McGavin	627-7637
Mt. Lakes	Judy Muti	334-7109
Rainbow	Kim Douglas	983-1978
Rock Ridge	Lois Chiappa	625-1524
White Meadow		

Please Note: Only soft spikes will be allowed. Maximum shots allowed per hole will be 10. When an individual reaches the maximum she must discontinue play on that hole, and allow the foursome to finish and be ready to move to the next hole. This will alleviate delays.

MEN'S GOLF**2007 WINNER: Indian****Chairman:** Rick Everett 625-2189**Date:** Sunday, July 13, 2008 **Tee Time:** 12 Noon **Place:** Farmstead**Greens Fee:** \$284.00 per team (includes cart fee) Make checks payable to Hub Lakes League.

LAKE	COACH	PHONE
Arrowhead	PJ Webb	627-1908
Cedar	Rick Everett	625-2189
Estling	Larry Bischoff	625-2746
Indian	Larry Plumb	625-0370
Intervale	Chris Ward	316-9633
Mt. Lakes	Will Textores	335-7455
Parsippany	Rich Tullo	386-1515
Rainbow	Carmine Capone	586-0890
Rock Ridge	Mark Petrsek	625-0742
Telemark	Doug Eike	586-7963
White Meadow	John Maute	586-3514

MEN'S HORSESHOES

2007 WINNER: White Meadow

Chairman: Carl Bonaccolta 945-5785

	LAKE	COACH	PHONE
1	White Meadow	David Duff	586-1137
2	Indian	Tom Colucci	625-7732
3	Rock Ridge	Mike Brezinski	769-3332
4	Arrowhead	Pete Franchi	784-3726
5	Cedar	Jim Prior	625-0278
6	Telemark	Ralph Hess	627-7770
7	Parsippany	Frank Calabrese	887-1663
8	Rainbow	Chuck Faulend	625-1758 / 625-8442
9	Estling	John Taylor	201-415-3045

ATTENTION COACHES: Winning teams are responsible to call or e-mail me match scores! Home Teams please notify me of any cancellations and/or rescheduled match dates A.S.A.P. 973-945-5785, rbbgc@verizon.net.

GOOD LUCK & HAVE A GREAT SEASON!!!

HORSESHOE RULES

1. Play will be limited to men 18 years and older.
2. Teams must consist of at least 4 players with as many alternates as desired. Team decides their own way of selecting players. Substitutions allowable after each completed game.
3. A meet will consist of 12 games across 2 pits. Teams will rotate after each game. Home team rotates clockwise, except after games 4 and 8 when they criss/cross. Visiting team rotates counter-clockwise.
4. 21 points will constitute a game.
5. Scoring will be 1 point per game won.
6. Games will start Friday evenings promptly at 7:00 pm.
7. Forfeit time is 7:30 pm. 12 points will go to the team represented.
8. Points on horseshoe must be past peg to be considered a ringer.
9. To change date of a match, coach requesting change must contact other coach prior to the day of the match to arrange for a new date.
10. All make up games, rained out or for any other reason, must be played, weather permitting, within 2 weeks of the original date and prior to the last Wednesday in August.
11. Winning team is responsible for reporting results to the chairman.
12. Team horseshoes must be a matched set. Visitors can use their own shoes. Home team shoes will be used for measurement.
13. Teams forfeiting 2 matches, forfeit all matches.
14. Horseshoe pits- stake to stake are 40' – inside box 3' x 6', stake in middle 6' square – sand clay mixed, non-hard substance. Stakes should not move up or down when match begins, must be firm during entire match.
15. At end of the regular season, teams finishing 1st, 2nd, 3rd, and 4th will meet in a playoff. The 1st place will play 4th place, 2nd place will play 3rd place. Round 2 – winners play each other and losers play each other. Teams having the best win/loss record in regular season will have home court except for Championship playoff game which will be played on neutral pits agreeable to both teams. If agreement is not reached, Chairman will determine site. Tie breaker will be 1 game match if necessary.

2008 MEN'S HORSESHOE SCHEDULE

<u>DATE</u>	<u>HOME</u>	<u>VISITORS</u>
June 13	White Meadow Indian Parsippany Rainbow Arrowhead – Bye	Cedar Rock Ridge Telemark Estling
June 20	Telemark Parsippany Estling Rock Ridge Rainbow – Bye	Indian Arrowhead White Meadow Cedar
June 27	Rainbow Telemark Indian Arrowhead Cedar – Bye	Parsippany Rock Ridge Estling White Meadow
July 11	Indian Telemark White Meadow Estling Parsippany – Bye	Arrowhead Cedar Rainbow Rock Ridge
July 18	Parsippany Cedar Rock Ridge Estling White Meadow - Bye	Indian Arrowhead Rainbow Telemark
July 25	White Meadow Estling Cedar Rainbow Rock Ridge – Bye	Telemark Parsippany Indian Arrowhead
Aug. 1	Indian Arrowhead Parsippany Cedar Telemark – Bye	Rainbow Rock Ridge White Meadow Estling
Aug. 8	Rock Ridge Cedar Telemark Arrowhead Indian – Bye	White Meadow Parsippany Rainbow Estling
Aug. 15	Rainbow Rock Ridge White Meadow Arrowhead Estling – Bye	Cedar Parsippany Indian Telemark
Aug. 20	1 ST ROUND MEN'S PLAYOFF	
Aug. 22	MEN'S CHAMPIONSHIP	

WOMEN'S HORSESHOES

2007 WINNER: Estling

CHAIRPERSON: Carl Bonaccolta – 945-5785

	LAKE	COACH	PHONE
1	Estling	Kim Jamison	634-4820
2	Telemark	Tracey Patterson	983-9739
3*	Cedar	Bev Eggert	627-6496
3*	Indian	Patty Coluuci	625-7732
5	Rainbow	Liz Schiazzano	983-9047
6	Rock Ridge	Fran McEnteer	625-1597

ATTENTION COACHES: Winning teams are responsible to call or e-mail me scores! Home teams please notify me of any cancellations and/or rescheduled match dates A.S.A.P. 973-945-5785 or rrbigc@verizon.net

GOOD LUCK AND HAVE A GREAT SEASON!!!!!!!

1. All players must be 18 years or older
2. Teams will consist of a minimum of 4 players and as many alternates as desired.
3. A match between 2 lakes will consist of 10 games across 2 pits. Teams will rotate after each game. Home team rotates clockwise except after games 4 and 8 when they will criss-cross. Visiting team rotates counter-clockwise.
4. Winning team is responsible for reporting final scores to Chairperson.
5. All matches will start **PROMPTLY** at 6:30 pm. **FORFEIT** time is 7:00 pm. Ten (10) points will go to the team represented.
6. A **FORFEIT** will be executed against any team that fails to field at least 3 players by 7:00 pm match night. **NOTE:** To avoid a forfeit, you will be able to play a match with 3 players. Your single player will have to pitch from 1 pit only. The opposing player in the opposite pit will be able to throw 2 shoes without challenge. If you definitely know you will not be able to have 3 players at the pits by 7:00 pm Friday night, **YOU MUST** contact your opposing team coach by 7:00 pm Thursday night. Both coaches must then make an honest attempt to reschedule. If a make up date cannot be agreed upon by both coaches, the league chairman will make the determination of the severity of the match and if a make up is required AND when and where it will be played. This courtesy of rescheduling a match due to lack of players will be extended to all teams during the regular season only once. There will be NO rescheduling allowed during playoffs, except for inclement weather. **PLEASE DO WHATEVER IT TAKES TO AVOID FORFEITS.** Teams forfeiting 2 matches, forfeit ALL matches and will not be invited back the following year.
7. All make up matches must be played as soon as possible. If a date cannot be agreed upon by the 2 coaches, the league chairman will make the determination.
8. Team horseshoes must be a matched set. Visitors can use their own shoes. Home team shoes will be used for measurements when required.
9. First contestant to pitch shoes in the first set (games 1 & 2) will be the visitors. Thereafter the winner of each pit will go first.
10. First contestant pitches both shoes, the opponent pitches 2 shoes. An inning constitutes the pitching of 2 shoes by each contestant. Point winner of each inning pitches first in the following inning. If resulting in tie or no shoes, then last point pitches first.

2008 WOMENS HORSESHOE SCHEDULE

DATE	HOME	VISITORS
June 13	Telemark Rainbow, Cedar, Estling, Indian – all have byes	Rock Ridge
June 20	Rainbow Cedar Indian & Estling have Byes	Telemark Rock Ridge
June 27	Rock Ridge Estling Telemark & Rainbow have Byes	Indian Cedar
July 11	Cedar Telemark, Rainbow, Rock Ridge, & Estling have Byes	Indian
July 18	Rainbow Indian Telemark & Cedar have Byes	Rock Ridge Estling
July 25	Telemark Rock Ridge Indian	Cedar Estling Rainbow
Aug. 1	Telemark Rainbow Rock Ridge & Estling have Byes	Indian Cedar
Aug. 8	Estling Rock Ridge, Telemark, Indian, & Cedar have Byes	Rainbow
Aug. 15	Estling Cedar, Indian, Rock Ridge & Rainbow have Byes	Telemark

NO PLAYOFFS - NO CHAMPIONSHIPS

Scoring:

1. A game consists of 15 points
2. Hub Lakes' scoring will be one point per game.
3. Only one player scores in any inning.
4. A shoe must be within 6 inches of the peg to score one point
5. Closest shoe to the peg scores one point (must be within 6 inches)
6. Two shoes closer than opponents' closest shoe scores 2 points.
7. The points on horseshoes must be past peg to be considered a ringer.
8. One ringer scores 3 points, 2 ringer's scores 6 points.
9. Two ringers against 1 for the opponent count's 3 points.

SENIOR MEN'S SOFTBALL
2007 Winner: Parsippany

LAKE	COACH	PHONE
Cedar	Jim Mann	201-563-9890
Indian	Dan Cacella	625-2837
Intervale	Bill Diggle	402-0477
Mt. Lakes	Tom Harford	627-2910
Parsippany	Mike Fazio	316-8385
Rainbow	Charlie Engfer	627-8941
		Cell: 862-686-7190
Rock Ridge	Bob Moran	714-4912
Telemark	Dave Ahlert	983-8437
White Meadow	David Sharf	625-2509

SENIOR MEN'S SOFTBALL RULES

1. The games will start promptly at 10:00 am. Teams will have the right to accept a forfeit if the opposing teams are not ready to play within 15 minutes after game time. The official paid umpire will be in charge and will render a final decision on such matters, if requested.
2. All games will be played on fields designated by the Softball Director.
3. Each team manager will supply a new ball for each game. The official ball must be that which is purchased through the Hub Lakes League. The Chairperson will assign umpires and provide a schedule for each season.
4. NO metal cleats allowed.
5. The League will provide the chief umpire who will umpire from behind the plate. If the home team has an adult volunteer to umpire the bases, it is up to the home plate umpire as to whether to use this volunteer. The official paid umpire is in complete charge and can overturn any call made by a volunteer umpire on appeal from a team manager.
6. Each team will play with 10 players or a minimum of 9 players except in the case of injury during the game when a minimum of 8 players may be used.
7. Coaches must sign each other's scorebook at the end of the game.
8. No protest shall be valid unless announced to the umpire and opposing team manager before play is resumed; the details confirmed in writing within 48 hours to the Chairperson. A committee will be formed consisting of at least 4 team managers exclusive of the teams involved. The softball Chairman shall preside and will vote only in the event of a tie. The decision of the committee shall be final.
9. Unsportsmanlike conduct by a player or manager is subject to disciplinary action by the Board of Directors. All such incidences should be reported in writing to the Softball Chairperson within 24 hours. Such discipline may result in suspension for part or all of the current season or the following season.
10. It is the responsibility of each team manager to arrange for use of an acceptable playing field for each scheduled home game. Teams using Gardner Field (Denville) must contact the field custodian to arrange for the use of a field or to establish the playability of a field.
11. Each home team manager will be responsible for reporting a postponement to the opposing manager due to inclement weather. The home team manager will solicit the use of the opposing team's field, and then any other possible field. The opposing team manager and the Chairperson will be advised of the results of this action by 9:00 am the day of the scheduled game. If the game cannot be played on the scheduled date, it will be postponed. The game will be re-scheduled by an agreement between the managers of the teams involved at a mutually agreed upon date, time, and location. Once this re-

schedule is agreed to, the home team manager must notify the Senior Softball Chairperson within 24 hours of the details of the re-scheduled game and the Chairperson will assign an umpire. If an agreement cannot be reached by the managers, the Chairperson will render a final decision specifying the date and place to re-schedule the postponed game and assign an umpire. Failure of either team to comply with the new date and place of the game will result in a forfeit. The Chairperson will make the final decision concerning the forfeit. The only exception to this rule will be during a period of time within the last 2 weeks of the schedule when the replay will be scheduled within 3 days. When a field is switched, the original Home team will remain the Home team.

12. If a team is winning by 15 or more runs after 5 innings, the game shall be called in favor of the leading team – (MERCY RULE).
13. The team managers are responsible to take action for the timely resolution of any problems, such as the scheduling of all postponed games, to ensure the complete and final status of each scheduled game. This action will include an agreement to record each game in the following categories only: win, loss, win by forfeit, loss by forfeit.
14. It is highly recommended that all teams play in uniforms, if not complete, at least shirts and caps. At no time will the pitcher be allowed to wear a white shirt of any description. A pitcher's glove shall be uniform in color and may not be any color other than natural leather.
15. The look back rule will not be in effect in league play. A runner must return to the base after each delivery by the pitcher.
16. The manager of the winning team will be responsible for calling in the results to the Chairperson.
17. Regarding legal versus illegal bats, ASA rules for bats will prevail. Each manager is responsible for obtaining the list of non-approved bats and list of approved bats. If a player is found to have an illegal bat prior to a game the bat is to be removed from play. If a player is found to be using an illegal bat during a game, he will be automatically be out for that at bat and the bat is taken out of play.
18. With the exception of the above rules, official (fast pitch ASA) softball rules will prevail in league play.
19. In the event of a tie at season end, the first tie breaker will be head-to-head result, second will be run differential between tied teams, third will be run differential against the league, and fourth will be a coin toss. NOTE: the run differential in a game will be a maximum of 10 runs.
20. The top eight teams will be eligible for the playoffs.
21. No games will be played on Memorial Day or July 4th weekend.
22. If rain cancels a playoff game, move the schedule back 1 game in August, if there is still a problem then play a morning – afternoon doubleheader.
23. Playoff games continue with 2 umpires (each team pays for one) and 1 umpire for the consolation game.

WINNING COACH WILL EMAIL RESULTS TO MIKE FAZIO:

Mike.fazio@moldev.com

2008 SENIOR MEN'S SOFTBALL SCHEDULE

Winning coach will call results to John Titus 769-8177

MAY 18

Rock Ridge @ Intervale
 Cedar @ Mountain
 Telemark @ Indian
 Rainbow @ WML
 Parsippany – Bye

JUNE 1

Indian @ Cedar
 WML @ Parsippany
 Rainbow @ Rock Ridge
 Mountain @ Intervale
 Telemark – Bye

JUNE 8

Parsippany @ Telemark
 Indian @ WML
 Rock Ridge @ Cedar
 Intervale @ Rainbow
 Mountain - Bye

JUNE 15

White Meadow @ Rock Ridge
 Cedar @ Telemark
 Mountain @ Indian
 Parsippany @ Rainbow
 Intervale – Bye

JUNE 22

Intervale @ Parsippany
 Mountain @ Rock Ridge
 WML @ Cedar
 Telemark @ Rainbow
 Indian – Bye

June 29

Cedar @ Rainbow
 Indian @ Intervale
 Parsippany @ Mountain
 Rock Ridge @ Telemark
 WML - Bye

JULY 13*

Intervale @ Cedar
 Rainbow @ Mountain
 Telemark @ WML
 Parsippany @ Indian
 Rock Ridge - Bye

JULY 20

Indian @ Rock Ridge
 Mountain @ WML
 Cedar @ Parsippany
 Intervale @ Telemark
 Rainbow - Bye

July 27

Telemark @ Mountain
 WML @ Intervale
 Rainbow @ Indian
 Rock Ridge @ Parsippany
 Cedar - Bye

Aug. 3 - PLAYOFFS

Top 8 teams

August 10 – Playoffs Second Round**August 17 - Championship**

NOTE: Telemark will play all games at their opponent's field.

* July 13 games start at 9:00 am to accommodate Hub Lakes Men's Golf Tournament.

SENIOR WOMEN'S SOFTBALL

2007 WINNER: Rainbow

CHAIRPERSON: Dirk "The Commish" Schoneveld: 586-3488

<u>LAKE</u>	<u>COACH</u>	<u>PHONE</u>
Cedar 7588	Amy Standish/Susan Priore	627-2376/ 586-
Indian	Jim McCauley	586-0525
Mountain	Phyllis Deering	402-8880
Parsippany	Ellen O'Connor	428-3744
Rainbow	Charlie Engfer	627-8941
Rock Ridge	Bob Moran	625-4547
White Meadow	Lori Sloane	627-8070

SENIOR WOMEN'S SOFTBALL RULES

1. The games will start promptly at 6:15pm. Teams will have a right to accept a forfeit if the opposing team is not ready to play within 15 minutes after game time.
2. ASA slow pitch rules apply.
3. All games shall be played on a field designated by the chairperson.
4. Each team manager will supply 1 new ball for each game. The official ball must be one which is purchased through the league.
5. The league shall provide the Chief Umpire, who shall umpire behind the plate. The official umpire is in charge of the game.
6. Each team shall play with 10 women or a minimum of 8 women.
7. Coach's must sign each other's scorebook at the end of each game.
8. If a player becomes injured and is forced to leave the game, she shall be permitted to return to the game if the opposing manager agrees. She must bat in the original position in the batting order.
9. No protest shall be valid unless announced to the umpire and opposing team manager by the protesting manager before play is resumed and submitted in writing by the manager of the protesting team to the chairperson within 48 hours. A committee shall be formed consisting of at least 4 team managers, exclusive of the teams involved. The Chairman will preside and vote only in the event of a tie. The decision of this committee shall be final.
10. Unsportsmanlike conduct by a player or manager is subject to disciplinary action by the Board of Directors. All such incidences should be reported in writing to the Chairman within 72 hours of the action. Such discipline may result in suspension for part or all of the current season or the following season for the offender.
11. The home team manager will be responsible for postponement of a game due to weather to opposing team manager, the Chairman, and the umpires scheduled for the game by 5:00 pm the day of the game. Failure to comply with this rule will result in a forfeit game to the opposing team.
12. Games postponed due to weather will be rescheduled in accordance with a meeting held with the both team managers and the Chairman. The Chairman will render a final decision on the date of play of all rescheduled games and will assign the field for the games.
13. If a team is winning by 15 or more runs after 5 innings, the game shall be called if the trailing team does not want to continue.
14. All games that are postponed must be made up before the end of the season.
15. Equipment: sneakers or rubber cleats must be worn.
16. The manager of the winning team must report the results of the game to the Chairman and the CITIZEN.
17. Any team which forfeits a game must pay the officiating cost incurred.
18. It is the responsibility of the home team to mark their infield with foul lines and have foul poles in place in the outfield. Failure to comply with this rule will result in a forfeit to the opposing team.

2008 SENIOR WOMEN'S SOFTBALL SCHEDULE

DATE	TEAMS	FIELD
June 4	Mountain @ Cedar Indian @ Rock Ridge Rainbow @ Parsippany Parsippany - Bye	Valley view Rock Ridge Smith Field
June 11	Rainbow @ Mountain Parsippany @ Cedar Indian @ WML Rock Ridge - Bye	Mountain Valley view WML
June 18	Mountain @ Parsippany WML @ Cedar Rock Ridge @ Rainbow Indian - Bye	Smith Field Valley view Rainbow
June 25	Rainbow @ WML Cedar @ Rock Ridge Mountain @ Indian Parsippany - Bye	WML Rock Ridge Valley view
July 2	Rock Ridge @ Mountain Cedar @ Indian Parsippany @ White Meadow Rainbow – Bye	Mountain Valley view White Meadow
July 9	White Meadow Mountain Indian @ Rainbow Rock Ridge @ Parsippany Cedar - Bye	Mountain Rainbow Smith Field
July 16	Cedar @ Rainbow Parsippany @ Indian White Meadow @ Rock Ridge Mountain - Bye	Rainbow Valley view Rock Ridge
July 23	Semi-Final Playoffs: 4 th place vs. 1 st place 3 rd place vs. 2 nd place	
July 30	Championship Game at neutral site – The higher seed team is the home team.	

SWIMMING**2007 WINNER: Mountain****Chairperson:** Steve Bias – 983-9318

LAKE	REPRESENTATIVE	PHONE
Arrowhead	Rehana Flessner	664-9557
Cedar	Steve & Sue Bias	983-9318
Estling	Joe Kaufmann	627-3606
Indian	Tracy Somogyi	627-0544
	Liz O'Boyle	625-9071
Mountain	Conny Mueller	541-092
Parsippany	Jessica Parker	887-4114
Rainbow	Chuck Kohaut	586-0021
Rock Ridge	Bob Williams	627-4310
White Meadow	Cynthia Donnelly	627-6717

WEEKLY SWIM MEET RULES

1. Eligibility
 - a. Hub Lakes eligibility rules will apply.
 - b. Houseguest may compete in weekly meets as an individual courtesy, which is extended for the good of the sport.
 - c. Scoring of points, whether in individual or relays, by such guests, must unanimously be agreed upon by the teams in a meeting prior to the start of the meet.
2. Current USA rules apply unless otherwise specified.
3. Swimmers may participate in 3 individual events and 1 relay. Relays are swum as mixed relays and may contain 3 swimmers of one sex.
4. Age groups – see weekly meet event schedule. In weekly swim meets, swimmers will be permitted to swim in individual and/or relay events in an age group which is no more than one age group older than the age group for which such swimmer is qualified. Relays may include no more than 2 swimmers who are swimming in an older age group.
5. Coaches must present the team event roster sheet and list of officials by 6:30 pm or a forfeit will be called. Meets start promptly at 6:45 pm. Scratches and name changes can be made up to the time the event is announced.
6. Swimmers under 15 years of age will be required to participate in 2 weekly meets to be eligible for the Championship meet.
7. The host team is responsible for sending out copies of weekly meet results, which includes the times, to the swimming representative for each lake and to the Citizen. The original meet sheet should be sent to the Chairperson. Results must be received no later than 4 days after the conclusion of the scheduled or make-up meet.
8. All rescheduling of meets by must be agreed upon by the representatives and coaches and reported to the Chairperson.

9. Officials: The following certified officials will be required to conduct all meets when available: Announcer, referee* (from Home team who will assign all other officials), starter*, and stroke and turn judges (at least one from each lake). Non-certified volunteers will be required for timing (2 per lane) and scoring.

* Indicates these officials may have multiple assignments.

10 Summer Officials must attend a refresher course every two years.

11. Point scoring: 1st place – 7, 2nd – 5, 3rd – 4, 5th – 2, 6th – 1. All relays and individual entries count for and are awarded the same point score, guest accepted. (See Eligibility Rules).

12 Team roster (typed or printed) indicating name and birthday must be submitted to the Chairperson or designated person no later than the Friday following the first scheduled weekly meet. Additions and deletions may be made after this date.

2008 WEEKLY SWIM MEET SCHEDULE

JUNE 23	Partie Rock Ridge	Indian Cedar	Mountain White Meadow
JUNE 29	Rock Ridge Relays		
JUNE 30	Indian Mountain	Cedar Rock Ridge	White Meadow Partie
JULY 7	Mountain Cedar	Indian Partie	White Meadow Rock Ridge
JULY 14	Cedar Partie	Indian White Meadow	Rock Ridge Mountain
JULY 19	12 + Under Invitational at Mountain Lakes		
July 21	Partie Mountain	Rock Ridge Indian	White Meadow Cedar
July 28	Cedar Partie	Mountain Indian	Rock Ridge White Meadow

First team listed is in each column is home team.

STROKES/RELAYS: Weeks 1, 3, and 5 – Breaststroke and Medley Relays
Weeks 2, 4, and 6 - Butterfly and Free Relays.

LANE ASSIGNMENTS

		WML/MT Long Course	Dual Meet	WML/MT Dual Meet
Home Team	1 & 4	2 & 5	2 & 4	3 & 5
Second Team Listed	2 & 5	3 & 6	3 & 5	4 & 6
Third Team Listed	3 & 6	4 & 7		

2008 WEEKLY MEET ORDER OF EVENTS

EVENT #:			
1	Boys 12/under	100yd/M	Individual Medley
2	Girls 12/under	100yd/M	Individual Medley
3	Boys 8/under	25yd/M	Breast or Fly
4	Girls 8/under	25yd/M	Breast or Fly
5	Boys 9/10	Breast 50/Fly 25	Breast or Fly
6	Girls 9/10	Breast 50/Fly 25	Breast or Fly
7	Boys 11/12	50yd/M	Breast or Fly
8	Girls 11/12	50yd/M	Breast or Fly
9	Boys 13/14	50yd/M	Breast or Fly
10	Girls 13/14	50yd/M	Breast or Fly
11	Boys 15/over	50yd/M	Breast or Fly
12	Girls 15/over	50yd/M	Breast or Fly
13	Boys 8/under	25yd/M	Back
14	Girls 8/under	25yd/M	Back
15	Boys 9/10	50yd/M	Back
16	Girls 9/10	50yd/M	Back
17	Boys 11/12	50yd/M	Back
18	Girls 11/12	50yd/M	Back
19	Boys 13/14	50yd/M	Back
20	Girls 13/14	50yd/M	Back
21	Boys 15/over	50yd/M	Back
22	Girls 15/over	50yd/M	Back
23	Boys 8/under	25yd/M	Free
24	Girls 8/under	25yd/M	Free
25	Boys 9/10	50yd/M	Free
26	Girls 9/10	50yd/M	Free
27	Boys 11/12	50yd/M	Free
28	Girls 11/12	50yd/M	Free
29	Boys 13/14	50yd/M	Free
30	Girls 13/14	50yd/M	Free
31	Boys 15/over	50yd/M	Free
32	Girls 15/over	50yd/M	Free
33	Mixed 8/under	100yd/M	Mixed Medley/Free Relay
34	Mixed 9/10	100yd/M	Mixed Medley Relay
		200yd/M	Mixed Free Relay
35	Mixed 11/12	200yd/M	Mixed Medley/Free Relay
36	Mixed 13/14	200yd/M	Mixed Medley/Free Relay
37	Mixed 15/over	200yd/M	Mixed Medley/Free Relay

2008 CHAMPIONSHIP SWIMMING MEET

Place:	Indian Lake	Date: August 1-3	
	Friday	400 Free. 6:30 pm Warm Up.	7:00 pm Start.
	Saturday	Prelims. 7:30 am Warm Up.	9:00 am Start.
	Sunday	Finals. 9:30 am Warm Up.	10:30 am Start.

1. Hub Lakes will comply with the current USA rules except for changes noted in the sports program.
2. Swimmers under 15 years of age will be required to participate in 2 weekly meets to be eligible for the Championship Meet.
3. All swimmers must participate in own age group. Exception: swimmers may be moved into older age group relays with no restriction except as noted:
 - a. 18 and OVER Relays: swimmers age 15-17 may swim up 1 age group to participate in the 18 and OVER relay events.
 - b. 35 and OVER: swimmers must age 35 and older to participate in the relay events.
4. Meeting of representatives and coaches to confirm Championship entries will be held at the designated Clubhouse Tuesday before Championships.
5. Prior to the Championship meet the Meet Director will nominate a certified YMCA/ USA Official as Referee, who in turn will determine all officials prior to the meet.
6. Hub Lakes Finals will be run with 3 timers per lane. All relay take-off officials and place judges must be YMCA or USA certified officials.
7. Scoring for individual events: 1st – 7 pts, 2nd – 5, 3rd – 4, 4th – 3, 5th – 2, 6th – 1. Relays: 1st 14pts, 2nd – 10, 3rd – 8, 4th – 6, 5th – 4, 6th – 2.
8. There will be a positive check in for both preliminaries and finals.
9. Each lake may enter:
 - a. Individual Events: 6 swimmers and 1 listed alternate.
 - b. Relays: 6 listed swimmers.

Exception: 18/Over and 35/Over relays must be declared in writing on the entry sheets. However, names are not required until the Sunday scratch meeting.

Swimmers are allowed to participate in 5 events, provided that 2 events are relays and no more than 3 events are individuals. A listed alternate is to be considered a participant therefore his/her name can be listed up to 5 times on the entry sheet. All entries must be made on the official entry form and must be signed by the coach or lake representative. All entries must be received in either Meet Manager or Team Manager via email ONE WEEK before Championships. Once the Championship entries have been checked and confirmed at the Tuesday meeting, the only changes allowed will be at positive check in.

Per individual event, no more than 2 swimmers from any one lake may swim in the Championship Finals and those 2 swimmers must be that lake's 2 fastest swimmers. At Finals there will be a limit of 6 swimmers per individual event plus 2 alternates in the Championship heat.

10. Clearance for practice in the lanes will be arranged through the host lake meet director.

11. The 400 Freestyle events will be for ages 12/Over and will be swum as a final on Friday evening. Swimmers will not be seeded. Finals qualifiers for all other events will be determined at the Saturday elimination trials with the following exceptions: Men's and Women's 18/Over relays will be swum as finals on Sunday with relay points awarded. The 35/over relays for men and women will both be swum as timed finals on Sunday.
12. If a swimmer does not show up for a particular race, that swimmer may not compete in his/her next individual event but may compete in all subsequent events. **Exception: If the swimmer or coach has notified the referee prior to the start of that event, then the swimmer may compete in his/her next event.**
13. Awards shall be given in the following manner: Individual and Relay events – 1st – 3rd place – Trophies. 4th – 6th place – ribbons.
14. A swimmer who has attained his/her 18th birthday prior to June 1st will be permitted to swim 15/17 only if the following conditions are met:
 - a. The swimmer has just graduated High School the spring preceding the current summer season.
 - b. The swimmer will not attain his/her 19th birthday by the end of the summer season.
15. The 8/under mixed relays may be 3 of one sex. All other mixed medley relays may be swim with either 2 boys and 2 girls or 1 boy and 3 girls.
15. The times at the Championship meet will be carried out to the hundredths.

2008 CHAMPIONSHIP SWIMMING MEET

Session: 1 Friday Timed Finals

Day of Meet:

Round		Event
Finals	67	Boys 12 & Over 400 Freestyle
Finals	68	Girls 12 & Over 400 Freestyle:

Session: 2 Saturday Prelims

Day of Meet: 2 Starts at 09:00 AM

Round		Event
Prelims	4	Mixed 13-14 200 Medley Relay
Prelims	5	Mixed 15-18 200 Medley Relay
Prelims	3	Mixed 11-12 200 Medley Relay
Prelims	2	Mixed 9-10 100 Medley Relay
Prelims	1	Mixed 8 & Under 100 Medley Relay
Prelims	16	Men 15-18 50 Freestyle
Prelims	17	Women 15-18 50 Freestyle
Prelims	14	Boys 13-14 50 Freestyle
Prelims	15	Girls 13-14 50 Freestyle
Prelims	12	Boys 11-12 50 Freestyle
Prelims	13	Girls 11-12 50 Freestyle
Prelims	10	Boys 9-10 50 Freestyle
Prelims	11	Girls 9-10 50 Freestyle
Prelims	8	Boys 8 & Under 25 Freestyle
Prelims	9	Girls 8 & Under 25 Freestyle
Prelims	26	Men 15-18 50 Breaststroke
Prelims	27	Women 15-18 50 Breaststroke
Prelims	24	Boys 13-14 50 Breaststroke
Prelims	25	Girls 13-14 50 Breaststroke
Prelims	22	Boys 11-12 50 Breaststroke
Prelims	23	Girls 11-12 50 Breaststroke
Prelims	20	Boys 9-10 50 Breaststroke
Prelims	21	Girls 9-10 50 Breaststroke
Prelims	18	Boys 8 & Under 25 Breaststroke
Prelims	19	Girls 8 & Under 25 Breaststroke
Prelims	30	Men 13-18 100 Freestyle
Prelims	31	Women 13-18 100 Freestyle
Prelims	58	Mixed 8 & Under 100 Freestyle Relay
Prelims	59	Boys 9-10 200 Freestyle Relay
Prelims	60	Girls 9-10 200 Freestyle Relay
Prelims	61	Boys 11-12 200 Freestyle Relay
Prelims	62	Girls 11-12 200 Freestyle Relay
Prelims	63	Boys 13-14 200 Freestyle Relay
Prelims	64	Girls 13-14 200 Freestyle Relay
Prelims	65	Men 15-18 200 Freestyle Relay
Prelims	66	Women 15-18 200 Freestyle Relay
Prelims	32	Boys 12 & Under 100 IM
Prelims	33	Girls 12 & Under 100 IM
Prelims	34	Men 13-18 200 IM
Prelims	35	Women 13-18 200 IM
Prelims	46	Men 15-18 50 Backstroke
Prelims	47	Women 15-18 50 Backstroke

Prelims	44	Boys 13-14 50 Backstroke
Prelims	45	Girls 13-14 50 Backstroke
Prelims	42	Boys 11-12 50 Backstroke
Prelims	43	Girls 11-12 50 Backstroke
Prelims	40	Boys 9-10 50 Backstroke
Prelims	41	Girls 9-10 50 Backstroke
Prelims	38	Boys 8 & Under 25 Backstroke
Prelims	39	Girls 8 & Under 25 Backstroke
Prelims	56	Men 15-18 50 Butterfly
Prelims	57	Women 15-18 50 Butterfly
Prelims	54	Boys 13-14 50 Butterfly
Prelims	55	Girls 13-14 50 Butterfly
Prelims	52	Boys 11-12 50 Butterfly
Prelims	53	Girls 11-12 50 Butterfly
Prelims	50	Boys 9-10 25 Butterfly
Prelims	51	Girls 9-10 25 Butterfly
Prelims	48	Boys 8 & Under 25 Butterfly
Prelims	49	Girls 8 & Under 25 Butterfly

**2007 SWIMMING CHAMPIONSHIPS
FINAL SCORES**

Mountain	641	Rock Ridge	234
Indian	322	Partie	176
White Meadow	312	Cedar	160

2007 BOB O'CONNELL AWARD WINNER:
Lauren Williams – Rock Ridge

2007 DAVID GIBSON MEMORIAL AWARD WINNER:
Kevin Growney – White Meadow Lake

2007 DAVE LA MOTHE AWARD WINNER:
Barbara & Ray Slezak – White Meadow Lake

50 FREESTYLE

8/U Boys	Hunter Batesko (Mtn)	21.27
8/U Girls	Kellyann Gangaware (WML)	21.19
9/10 Boys	Caleb Pallaria (Mtn)	39.92
9/10 Girls	Kate Moreau (Mtn)	38.63
11/12 Boys	Connor Gross (Mtn)	33.01
11/12 Girls	Sara Bias (Ced)	32.56
13/14 Boys	Michael P. McElduff (Mtn)	27.51
13/14 Girls	Andrea DeAngelis (Mtn)	31.77
15/17 Boys	Tucker Gniewek (Mtn)	27.50
15/17 Girls	Lauren Williams (RR)	30.76

100 FREESTYLE

13/17 Boys	Greg Louie (Mtn)	1:06.47
13/17 Girls	Lauren Williams (RR)	1:08.33

400 FREESTYLE

12/O Boys	Kevin Growney (WML)	5:23.97
12/O Girls	Kristin King (IND)	5:00.53

BREASTSTROKE

8/U Boys	Spencer Pallaria (Mtn)	26.67
8/U Girls	Agela Cunningham (RR)	25.94
9/10 Boys	Joseph Adams (Mtn)	52.64
9/10 Girls	Kate Moreau (Mtn)	48.68
11/12 Boys	Connor Gross (Mtn)	41.72
11/12 Girls	Michelle Williams (RR)	42.07
13/14 Boys	Tyler Batesko (Mtn)	43.70
13/14 Girls	Samantha Petruzzi (WML)	41.48
15/17 Boys	Daniel Pulitano (Mtn)	35.73
15/17 Girls	Paige Fox (WML)	40.19

MEDLEY RELAYS

8/U	Indian	1:46.77
9/10	Mountain	1:21.80
11/12	Mountain	2:36.07
13/14	Mountain	2:24.26
15/17	Mountain	2:13.07
18/O Men	Mountain	2:08.59
18/O Women	White Meadow	2:30.88

INDIVIDUAL MEDLEY

12/U Boys	Bernard Wang (Mtn)	1:22.33
12/U Girls	Sara Bias (CED)	1:19.94
13/17 Boys	Dan Pulitano (Mtn)	2:30.17
13/17 Girls	Kristin King (IND)	2:43.69

BACKSTROKE

8/U Boys	Spencer Pallaria (Mtn)	25.40
8/U Girls	Elise Frasier (Mtn)	25.32
9/10 Boys	Caleb Pallaria (Mtn)	43.98
9/10 Girls	Courtney Knudsen (IND)	45.07
11/2 Boys	Bernard Wang (Mtn)	40.35
11/12 Girls	Allie Kaufmann (PAER)	39.06
13/14 Boys	Michael Patrick McElduff(Mtn)	32.37
13/14 Girls	Carly Francisco (RR)	36.58
15-17 Boys	Tucker Gniewek (Mtn)	32.65
15-17 Girls	Hailey Growney (WML)	34.22

BUTTERFLY

8/U Boys	Spencer Pallaria (Mtn)	23.40
8/U Girls	Carline O'Boyle (IND)	26.19
9/10 Boys	Shane Vyskocil (PAER)	19.36
9/10 Girls	Courtney Knudsen (IND)	19.88
11/12 Boys	Bernard Wang (Mtn)	38.44
11/12 Girls	Sara Bias (CED)	36.40
13/14 Boys	Garret Pullis (RR)	29.89
13/14 Girls	Anna Kessler (Mtn)	35.90
15/17 Boys	Tuckr Gniewek (Mtn)	29.89
15/17 Girls	Lauren Williams (RR)	32.68

FREE RELAYS

Mixed 8/U	Mountain	1:31.95
9/10 Boys	Mountain	3:06.16
9/10 Girls	Indian	2:59.80
11/12 Boys	Mountain	2:24.52
11/12 Girls	Mountain	2:30.38
13/14 Boys	Mountain	2:13.41
13/14 Girls	White Meadow	2:19.01
15/17 Boys	White Meadow	2:05.03
15/17 Girls	Mountain	2:10.05
18/O Boys	Mountain	2:02.02
18/O Girls	Cedar	2:13.47
35/O Men	Mountain	59.39
35/O Women	Mountain	1:12.78

HUB LAKES SWIM RECORDS

EVENT	RECORD HOLDER	RECORD
1. 8/U Mixed Medley Relay (M)	Mountain – 1984	1:30.99
“ “ “ “ (Y)	Indian – 1989	1:20.36
2. 9/10 Mixed Medley Relay (M)	Mountain – 1991	1:16.00
“ “ “ “ (Y)	Mountain – 1975	1:05.40
3. 11/12 Mixed Medley Relay (M)	Mountain – 1998	2:22.22
4. 13/14 Mixed Medley Relay (M)	Mountain – 1975	2:12.50
5. 15/17 Mixed Medley Relay (M)	Mountain – 2006	2:07.00
6. 18/O Men’s Medley Relay (M)	Mountain – 1983	1:59.67
7. 18/O Women’s Medley Relay(M)	Parsippany – 1983	2:21.23
8. 8/U Boy’s Free 25M	M.Byrnes (Arrow) 1976	16.50
“ “ “ 25Y	M.Parkins (Mtn) 1965	15.00
	J. Livingood (CED) 1968	
9. 8/U Girls Free 25M	C. Marucci (IND) 1984	17.11
“ “ “ 25Y	J. Divita (IND) 1983	15.50
10. 9/10 Boys Free 50M	M. Romanowicz (RR) 1992	33.13
11. 9/10 Girls Free 50M	C. Marucci (IND) 1986	32.52
12. 11/12 Boys Free 50M	C. Wang (Mtn) 2003	28.47
13. 11/12 Girls Free 50M	J. Worobel (RR) 1985	29.20
14. 13/14 Boys Free 50M	J. Cohen (Mtn) 2003	27.30
15. 13/14 Girls Free 50M	A. Fedor (IND) 2000	30.47
16. 15/17 Boys Free 50M	A. O’Neill (WML) 2001	27.46
17. 15/17 Girls Free 50M	C. Dewing (Mtn)	30.11
18. 8/U Boys Breast 25M	P. Williams (IND) 1991	23.47
“ “ “ 25Y	G. Standfast (ARO) 1982	19.60
19. 8/U Girls Breast 25M	S. Evey (WML) 1979	22.40
“ “ “ 25Y	C. Burghardt (WML) 1985	20.85
20. 9/10 Boys Breast 50M	D. Pulitano (Mtn) 2001	41.78
21. 9/10 Girls Breast 50M	C. Dewing (Mtn) 2001	43.48
22. 11/12 Boys Breast 50M	A. Fritts (WML) 1982	36.20
23. 11/12 Girls Breast 50M	J. Worobel (RR) 1985	39.09
24. 13/14 Boys Breast 50M	G. Standfast (ARO) 1988	34.64
25. 13/14 Girls Breast 50M	P. Lindroos (Mtn) 1980	37.50
26. 15/17 Boys Breast 50M	J. Conlan (Mtn) 1981	32.70
27. 15/17 Girls Breast 50M	S. Evey (WML)	35.85
28. 18/O Mens Free Relay 200M	Indian – 1981	1:46.00
29. 18/O Womens Free Relay 200M	White Meadow – 1992	2:05.31
30. 13/17 Boys Free 100M	S. Gowrie (WML) 1988	56.77
31. 13/17 Girls Free 100M	K. Knowles (Mtn) 1983	1:03.38
32. 12/U Boys Ind. Med. 100M	B. Elko (IND) 1991	1:15.04
“ “ “ “ 100Y	D. Pulitano (Mtn) 2003	1:03.50
33. 12/U Girls Ind. Med. 100M	S. Nason (Mtn) 1988	1:16.33
“ “ “ “ 100Y	C. Berman (WML) 2001	1:06.89
34. 13/17 Boys Ind. Med. 200M	S. Gowrie (WML) 1990	2:17.19
35. 13/17 Girls Ind. Med. 200M	J. Worobel (RR) 1990	2:34.65
36. 35/O Men’s Free Relay 100Y	Mountain – 1994	46.84
“ “ “ “ 100M	Mountain – 1985	48.30
37. 35/O Women Free Relay 100Y	Indian – 2003	57.87
“ “ “ “ 100M	Mountain – 1989	1:00.25

EVENT	RECORD HOLDER	RECORD
38. 8/U Boys Back 25M	A. Ferguson (Mtn) 1987	20.97
“ “ “ 25Y	G. Standfast (ARO) 1982	18.30
39. 8/U Girls Back 25M	C. Marucci (IND) 1984	20.73
“ “ “ 25Y	S. Stewart (Hia) 1985	18.91
40. 9/10 Boys Back 50M	C. Wang (Mtn) 2001	36.09
41. 9/10 Girls Back 50M	C. Marucci (Ind) 1986	38.71
42. 11/12 Boys Back 50M	C. Wang (Mtn) 2003	31.59
43. 11/12 Girls Back 50M	J. Hendricks (WML) 1980	34.60
44. 13/14 Boys Back 50M	B. Elko (IND) 1993	30.10
45. 13/14 Girls Back 50M	S. Rear (IND) 1980	32.20
46. 15/17 Boys Back 50M	B. Elko (IND) 1996	29.00
47. 15/17 Girls Back 50M	J. Worobel (RR) 1990	32.75
48. 8/U Boys Fly 25M	B. Elko (IND) 1987	20.12
“ “ “ 25Y	L. Page (Mtn) 1982	17.30
49. 8/U Girls Fly 25M	S. Nason (Mtn) 1984	18.25
“ “ “ 25Y	T. Vogel (CED) 1996	17.15
50. 9/10 Boys Fly 25M	L. Page (Mtn) 1984	16.79
“ “ “ 25Y	C. Wang (Mtn) 2001	14.07
51. 9/10 Girls Fly 25M	A. Leonard (CED) 1979	17.00
“ “ “ 25Y	S. Nason (Mtn) 1986	14.56
52. 11/12 Boys Fly 50M	C. Wang (Mtn) 2003	30.12
53. 11/12 Girls Fly 50M	K. Eggert (CED) 2001	32.78
54. 13/14 Boys Fly 50M	B. Elko (IND) 1993	28.63
55. 13/14 Girls Fly 50M	B. Gregory (WML) 1987	31.47
56. 15/17 Boys Fly 50M	B. Elko (IND) 1994	27.15
57. 15/17 Girls Fly 50M	B. Gregory (WML) 1990	31.06
58. 8/U Mixed Free Relay	M Mountain – 1984	1:20.69
“ “ “ “	Y Indian – 1994	1:14.68
59. 9/10 Boys Free Relay	Parsippany – 1976	2:32.90
60. 9/10 Girls Free Relay	Mountain – 1986	2:28.08
61. 11/12 Boys Free Relay	Mountain – 1977	2:09.70
62. 11/12 Girls Free Relay	Mountain – 1988	2:12.26
63. 13/14 Boys Free Relay	Mountain – 1992	1:59.81
64. 13/14 Girls Free Relay	Mountain – 1994	2:04.60
65. 15/17 Boys Free Relay	Parsippany – 1983	1:49.36
66. 15/17 Girls Free Relay	Mountain – 1995	2:03.54
67. 12/O Boys Free 400M	S. Gowrie (WML) 1988	4:19.91
68. 12/O Girls Free 400M	S. Rear (IND) 1982	4:45.90

TABLE TENNIS**2007 WINNER: Estling****Chairperson:** Scott Whitlock – 627-5718

LAKE	COACH	PHONE
Arrowhead	Linford Hackman	625-4093
Cedar	Jennifer Cuhney	627-0407
Estling	Scott Whitlock	627-5718
Indian	Mark Alt	664-0252
Mountain	Bonnie O'Mullane	331-9310
Parsippany	Marianne Burke	884-2478
Rainbow	Tom Metz	586-7887
	Email: metzie357@verizon.net	
Rock Ridge	Bob Curran	586-0204
White Meadow Lake	John Dixon	625-0916

2008 TABLE TENNIS SCHEDULE**June 18**

WML@Arrowhead
 Indian @ Rainbow
 Rock Ridge @ Cedar
 Mountain @ Parsippany
 Estling – Bye

June 25

Rainbow @ Estling
 Mountain @ Cedar
 Parsippany @ Arrowhead
 Rock Ridge @ WML
 Indian - Bye

July 2

Estling @ Rock Ridge
 Cedar @ Parsippany
 Indian @ Mountain
 Rainbow @ Arrowhead
 WML – Bye

July 9

Arrowhead @ Cedar
 Estling @ Indian
 Parsippany @ Rock Ridge
 White Meadow @ Mountain
 Rock Ridge - Bye

July 16

Arrowhead @ Mountain
 Indian @ Cedar
 Parsippany @ Estling
 WML @ Rainbow
 Rock Ridge - Bye

July 23

Arrowhead @ Estling
 Cedar @ WML
 Mountain @ Rainbow
 Rock Ridge @ Indian
 Parsippany - Bye

July 30

Arrowhead @ Indian
 WML @ Parsippany
 Rainbow @ Rock Ridge
 Estling @ Mountain
 Cedar - Bye

Aug. 6

Cedar @ Rainbow
 Rock Ridge @ Arrowhead
 Estling @ WML
 Parsippany @ Indian
 Mountain – Bye

Aug. 13

Cedar @ Estling
 Indian @ WML
 Mountain @ Rock Ridge
 Rainbow @ Parsippany
 Arrowhead - Bye

TABLE TENNIS RULES

1. United States Table Tennis rules will apply.
2. The best of a 5 game set (games played to 11 points) equals 1 point. Any set not played will be a forfeit of 1 point.
3. A running total of team points will be kept for the season to determine winning teams.
4. There will be a playoff for first place should a tie occur.
5. Games will be played on Wednesday evenings at 7 pm.
6. Forfeit time for juniors will be 7:30 pm.
7. Seniors will follow juniors but must start no later than 8:30 pm.
8. Warm-up time will be limited to 10 minutes per match.
9. Home team will supply balls (Halex-White). The official ball must be purchased through HUB Lakes. Teams must supply their own paddles.
10. Juniors may move up to play with seniors.
11. HUB Lakes' eligibility rules will apply.
12. IT WILL BE THE RESPONSIBILITY OF THE WINNING COACH TO REPORT ALL SCORES PROMPTLY AND PROPERLY AS DIRECTED BY THE SPORTS CHAIRPERSON.

SENIORS: OPEN

2 Womens singles; 4 Mens singles
 1 Womens doubles; 2 Mens doubles

JUNIORS: 18 & UNDER

1 Girls singles
 1 Mixed doubles; 2 boys single

TENNIS

2007 WINNER: White Meadow

CHAIRPERSON: Mark Kohler – 586-0736

LAKE	COACH	PHONE
Cedar	Gerry Boyer	586-8913
Estling	Julia Langan	627-1159
Indain	Mark Kohler	586-0736
Mountain	Bill Gatlin	316-9402
Rainbow	Greg Smith	784-3994
White Meadow	Bob Nunez	627-4836
Rock Ridge	Rich Casamento	257-1740

TENNIS RULES

1. Each lake will field a team consisting of 4 men and 3 women. The minimum age of players shall be 14 years as of June 1st of the current season.
2. Each team match shall consist of one men's singles and one men's doubles, one women's doubles and one mixed doubles. Winners are to be determined by the best 2 of 3 sets. No player may participate in more than 1 match against the same lake.
3. Players are requested to wear tennis attire and appropriate shoes.
4. Scheduled team matches shall begin at 9am unless a different time has been agreed to by both captains. A team will be defaulted if no players are ready to play within one half hour of scheduled start time.
5. Captains must supply the complete team line-up to the opposing team before any play is started.
6. Each team shall supply 2 cans of tennis balls. The official ball, Penn, will be purchased from the HUB lakes League.
7. Matches shall be played on the home team's court unless both captains agree on an alternate site.
8. Once play has begun, it shall be continuous until the end of the match. This means that there will be no 10 minute rest between the 2nd and 3rd sets. Prior to the start of each match, a warm-up, not exceeding 10 minutes, may be taken by the players.
9. In the event that any set reaches six-all, a 12 point tie break will be employed. Explanation of this procedure is on the next page.
10. The home team is responsible for reporting the results of the match to the CITIZEN and the HUB Lakes Tennis Chairperson.
11. The lake standings are to be determined on a point system where each individual match won counts as 1 point. Any un-played matches, which are not agreeably forfeited, will result in losses for both teams. Whenever possible, postponed matches should be made up within one week.

12. In the event of a tie for 1st place, the team that won the regularly scheduled match between the 2 tied teams will be the overall winner. The tennis chairperson will maintain the match records and determine the place of finish of each participating lake.
13. Unless stated otherwise above, all USTA rules apply.
14. Since scheduling and notifying individual players requires time, the coaches are required to be in contact with one another no later than Tuesday preceding the Saturday match.
15. It is recommended that the chairperson call a meeting of the coaches 1 month prior to the start of the new season to review the rules. It is also recommended that the chairperson be rotated among the participating lakes each year.

2008 TENNIS SCHEDULE

June 28

Mt. Lakes @ Rainbow
Cedar @ Rock Ridge
WML @ Indian
Estling - Bye

JULY 5

Mountain @ Rock Ridge
Indian @ Rainbow
Cedar @ Estling
WML - Bye

JULY 12

Estling @Rock Ridge
Cedar @ Indian
Rainbow @ WML
Mountain - Bye

JULY 19

Estling @ Mountain
Rainbow @ Rock Ridge
Cedar @ WML
Indian – Bye

JULY 26

Mountain @ Cedar
Estling @ WML
Indian @ Rock Ridge
Rainbow – Bye

August 2

Rainbow @ Estling
WML @ Rock Ridge
Mountain @ Indian
Cedar - Bye

August 9

Rainbow @ Cedar
Estling @ Indian
WML @ mountain
Rock Ridge - Bye

TENNIS REGULATIONS FOR THE TIE BREAK:

The tie-break will operate when the score reaches 6 games in any set except in the 3rd or 5th set of a 3 set or 5 set match respectively, when an ordinary advantage set shall be played in accordance with Rule 27.

TENNIS PROCEDURE

Singles:

- (a) A player who first wins 7 points shall win the game and the set provided he/she leads by a margin of 2 points. If the score reaches 6 points, all the game shall be extended until this margin has been achieved. Numerical scoring shall be used throughout the tie-break.
- (b) The player whose turn it is to serve shall be the server for the first point. The opponent shall be the server the 2nd and 3rd points and thereafter each player shall serve alternately for 2 consecutive points until the winner of the game and set has been determined.
- (c) From the first point, each service shall be delivered alternately from the right and the left courts, beginning from the right court.
- (d) Players shall change ends after every 6 points and at the conclusion of the tie-break game.
- (e) The tie-break game shall count as 1 game for the ball change, except that, if the balls are due to be changed at the beginning of the tie-break the change shall be delayed until the second game of the following set.

Doubles:

In doubles the procedure for singles applies. The player whose turn it is to serve shall be the server for the first point. Thereafter each player shall serve in rotation for 2 points, in the same order as previously in that set, until the winners of the game and set have been determined.

Rotation of Service:

The player (or pair in the case of doubles) who served first in the tie-break game shall receive service in the first game of the following set.

2007 TRACK & FIELD CHAMPIONSHIPS

2007 WINNERS: Junior – Indian Senior – Indian

CHAIRPERSON: Jim Fox-983-8835 **Date:** June 21, 2008

Place: Wildwood School, Glen Rd., Mt. Lakes **Time:** 8:00 AM

LAKE	COACH	PHONE
Arrowhead	Briana Lacey	627-1860
	Shorn Purnell	627-7131
Cedar	Jim Florence (Jr. & Sr.)	625-9383
	Amy Standish	627-2376
Indian	Patty Colucci	625-3860
	Lynn Vanderyajt	625-4829
	Carol Plucinsky	983-1254
Mt. Lakes	Peter Kashulines(Sr.)	331-0653
Rainbow	Jim Fox (Jr. & Sr.)	983-8835
Rock Ridge	Scott Perry	983-7256
	Kurt Smith	625-5112
Telemark	Lisa Bischer	586-4563
White Meadow	Mike O'Brien (Jr. & Sr.)	625-3198

TRACK & FIELD CHAMPIONSHIP RULES

The Track & Field Championships will be held as 1 meet beginning at 8:00am. There will, however, be 2 championships: Juniors (ages 5-12) and Seniors (ages 13 + Over).

1. HUB Lakes will comply with the current National Federation of State High Schools Association rules unless otherwise specified in the Sports Program or at a meeting of the track representatives.
2. The HUB Lake track reps of each lake must submit the names of 3 knowledgeable officials at the final track committee meeting as noted above. NO OFFICIALS – NO ENTRIES. Officials must be at the track by 8:00am.
3. Competitors are allowed to participate in no more than 4 events, including no more than 3 running or field events.
4. Entries are limited to 2 per lake per event. Only 1 lake entry is allowed for relays.
5. Junior competitors should compete in their own age group. However, if necessary, a junior may compete in the next age group above his/her own. A senior competitor in the age group 13/14 or 15/16 may compete in the next age group above his/her own. Senior competitors in the age group 17/25 may only compete in their own age group. Senior competitors in the age group 26/35 and older may compete in the age group just below their own. Junior and senior competitors may only compete in 1 age group for any given event.
6. All track entries are "post" entries – no entry forms needed. Contestants need only report to the staging area of their track event. There will be 3 calls for each event; no special considerations will be made for late comers. Anyone reporting late for an event will miss that event – NO EXCEPTIONS.
7. Places will be awarded on best 2 attempts for Junior, best 2 attempts for Senior. In case of a tie, higher place is awarded to the competitor whose second best performance beats that of the competitor tied for that place.

8. If needed, qualifying heats may have to be run in the dashes (25-100 meters) to determine finalists. All 200's & 400's, the mile and all relays will be run as timed finals if more than 6 entries are running.
9. Scoring for all events: 1st-7 points ; 2nd -5 pts ; 3rd-4 pts ; 4th-3pts ; 5th-2pts ; 6th-1pt.
10. Age group participation is based on the age of the competitor as of June 1. Eligibility is defined in the front of the book.
11. Awards are: 1st – Gold medal ; 2nd – Silver medal ; 3rd – Bronze medal. Ribbons will be awarded for 4th – 6th places.

TRACK ORDER OF EVENTS

- | | |
|---|---|
| 1. 9/10 Boys Mile
2. 9/10 Girls Mile
3. 11/12 Boys Mile
4. 11/12 Girls Mile
5. 13/14 Boys Mile
6. 13/14 Girls Mile
7. 15/16 Boys Mile
8. 15/16 Girls Mile
9. 17/25 Men's Mile
10. 17/25 Women's Mile
11. 26/35 Men's Mile
12. 26/35 Women's Mile
13. 36/45 Men's Mile
14. 36/45 Women's Mile
15. 46/55 Men's Mile
16. 46/55 Women's Mile
17. 56/65 Men's Mile
18. 56/65 Women's Mile
65. 66/O Men's Mile
66. 66/O Women's Mile

(will not begin before 10:00 am.)

19. 5/6 Mixed Shuttle Relay
20. 7/8 Mixed Shuttle Relay
21. 9/10 Boys 4x100 Relay
22. 9/10 Girls 4x100 Relay
23. 11/12 Boys 4x100 Relay
24. 11/12 Girls 4x100 Relay
25. 13/14 Boys 4x100 Relay
26. 13/14 Girls 4x100 Relay
27. 15/16 Mixed 4x100 Relay
28. Men's 17+Over 4x100 Relay
29. Women's 17+ Over 4x100 Relay | 30. 5/6 Boys 25M Dash (H/F)
31. 5/6 Girls 25M Dash (H/F)
32. 7/8 Boys 50M Dash (H/F)
33. 7/8 Girls 50M Dash (H/F)
34. 9/10 Boys 50M Dash (H/F)
35. 9/10 Girls 50M Dash (H/F)
36. 11/12 Boys 75M Dash (H/F)
37. 11/12 Girls 75M Dash (H/F)
38. 13/14 Boys 100M Dash (H/F)
39. 13/14 Girls 100M Dash (H/F)
40. 15/16 Boys 100M Dash (H/F)
41. 15/16 Girls 100M Dash (H/F)
42. 17/25 Mens 100M Dash (H/F)
43. 17/25 Girls 100M Dash (H/F)
44. 26/35 Mens 100M Dash (H/F)
45. 26/45 Mens 100M Dash (H/F)
46. 46/55 Mens 100M Dash (H/F)
47. 56/O Mens 100M Dash (H/F)
48. 26/35 Girls 100M Dash (H/F)
49. 36/46 Girls 100M Dash (H/F)
50. 46/55 Girls 100M Dash (H/F)
51. 56/O Girls 100M Dash (H/F)
52. 9/10 Boys 200M - OTB
53. 9/10 Girls 200M - OTB
54. 11/12 Boys 200M - OTB
55. 11/12 Girls 200M - OTB
56. 13/14 Boys 200M - OTB
57. 13/14 Girls 200M - OTB
58. 17/O Girls 200M - OTB
59. 15/16 Girls 200M - OTB
60. 15/16 Boys 400M - OTB
61. 17/O Mens 400M - OTB

OTB = On Time Basis |
|---|---|

Shuttle Relay = 8 runners – at least 2 runners from each sex.

FIELD ORDER OF EVENTS

	Begins	Ends
100. 5/6 Boys Standing Long Jump	8:15	9:15
101. 5/6 Girls Standing Long Jump	8:15	9:15
102. 7/8 Boys Standing Long Jump	8:15	9:15
103. 7/8 Girls Standing Long Jump	8:15	9:15
110. 9/10 Boys Long Jump	9:00	10:15
111. 9/10 Girls Long Jump	9:00	10:15
112. 11/12 Boys Long Jump	9:00	10:15
113. 11/12 Girls Long Jump	9:00	10:15
116. 13/14 Boys Long Jump	10:15	11:30
117. 13/14 Girls Long Jump	10:15	11:30
120. 15/16 Boys Long Jump	10:15	11:30
121. 15/16 Girls Long Jump	10:15	11:30
124. 17/25 Men's Long Jump	10:15	11:30
125. 17/25 Women's Long Jump	10:15	11:30
128. 26/35 Mens Stand Long Jump	11:30	12:45
129. 26/35 Women Stand Long Jump	11:30	12:45
132. 36/45 Mens Stand Long Jump	11:30	12:45
133. 36/45 Womens Stand Long Jump	11:30	12:45
136. 46/O Mens Stand Long Jump	11:30	12:45
137. 46/O Womens Stand Long Jump	11:30	12:45
108. 9/10 Boys Softball Throw	8:15	9:00
109. 9/10 Girls Softball Throw	8:15	9:00
104. 5/6 Boys Softball Throw	9:00	10:00
105. 5/6 Girls Softball Throw	9:00	10:00
106. 7/8 Boys Softball Throw	9:00	10:00
107. 7/8 Girls Softball Throw	9:00	10:00
114. 11/12 Boys Shotput – 6 lbs	9:00	10:15
115. 11/12 Girls Shotput – 6 lbs	9:00	10:15
130. 26/35 Men's Shotput – 12 lbs	10:15	11:30
131. 26/35 Women's Shotput – 8 lbs	10:15	11:30
134. 36/45 Men's Shotput – 12 lbs	10:15	11:30
135. 36/45 Women's Shotput – 8 lbs	10:15	11:30
138. 46/O Men's Shotput – 8 lbs	10:15	11:30
139. 46/O Women's Shotput – 6 lbs	10:15	11:30
118. 13/14 Boys Shotput – 8 lbs	11:30	12:45
119. 13/14 Girls Shotput – 8 lbs	11:30	12:45
122. 15/16 Boys Shotput – 12 lbs	11:30	12:45
123. 15/16 Girls Shotput – 8 lbs	11:30	12:45
126. 17/25 Men's Shotput – 16 lbs	11:30	12:45
127. 17/25 Women's Shotput – 8 lbs	11:30	12:45

20067 FINAL TRACK & FIELD STANDINGS**JUNIORS**

1. INDIAN- 297.5
2. Mountain - 259
3. Rainbow - 107
4. Cedar – 53
5. White Meadow - 44
6. Telemark – 34.5

SENIORS

1. Indian - 385
2. Mountain - 254
3. Rainbow - 218
4. Cedar - 151
5. White Meadow - 45
6. Telemark - 29
7. Rock Ridge - 7

HUB TRACK MEET RECORDS**5/6 BOYS**

25M Dash	Chris Robertson-Mtn	4.28	2003
Standing Long Jump	D. Goeller – Parsip.	64.25”	1992
Softball Throw	Grayson Dolan - Mtn	75.50	2006

5/6 GIRLS

25M Dash	Kate Simon – RR	4.98	2007
Standing Long Jump	Hannah Voigt – Telemark	61.0”	2004
Softball Throw	Helena Romanowicz-RR	49’9”	1991

7/8 BOYS

50M Dash	Evan Smith – Rainbow	7.84	2004
Standing Long Jump	Anthony Costello- CED	70.0”	1992
Softball Throw	Tim Vonthaer – Intervale	89’5.0”	2000

7/8 GIRLS

50M Dash	Rachel Voigt – Telemark	8.25	2004
Standing Long Jump	Cassandra Thalman – RR	66.5”	1998
Softball Throw	Cameron Dolan - Mtn	83’8”	2006

9/10 BOYS

Mile	Matt Monahan – Mtn	6:11.00	1992
4 x 100 Relay	Mountain	1:06.97	2000
50M Dash	Andy Plucinsky – Indian	7.29	2004
200M Dash	Matt Decagna – Indian	32.81	1995
Softball Throw	Chuck Kohut – Rainbow	122’9”	2003
Long Jump	Andrew Chilton – WML	11’ 5”	2003

9/10 GIRLS

Mile	Kristen Bravante – Mtn	6:46.00	2002
4 x 100 Relay	Mountain	1:05.05	1996
50M Dash	Samantha Taitel – WML	7.43	2004
200M Dash	Grace Browning – Mtn	32.30	1996
Softball Throw	Lauren Satch – Intervale	110’0”	1995
Long Jump	Elizabeth Tutschek – Mtn	11’11.5”	1992

11/12 BOYS

Mile	Chris Coluci – Indian	5:47.33	2001
4 x 100 Relay	White Meadow	1:02.10	1992
75M Dash	Greg Hudson – Mtn	9.78	2003
200M Dash	Paul Chiara – Mtn	30.10	1997
Long Jump	Paul Chiara – Mtn	14'1"	1997
Shot put – 6lb.	Andreas Scmitt – Mtn	36"0"	2003

11/12 GIRLS

Mile	Jana Sedlack - WML	6:14.64	2005
4 x 100 Relay	Mountain	1:01.85	1997
75M Dash	Laurie Caruso – WML	10.20	2003
200M Dash	Dominique Scura – Mtn	29.44	1997
Long Jump	Dari Magyar – Mtn	13'8"	1992
Shot put – 6lb.	Nichole Wieczoret – Mtn	27"2.5"	2003

13/14 BOYS

100M Dash	Jon Kleinman – Parsippany	11.7	1989
400M Dash	Jon Kleinman – Parsippany	55.10	1989
Long Jump	Austin Casey – Intervale	17'11"	2002
Shot put – 8lb	Jerry Lehman – WML	45'3.5"	1989
400M Relay	Cedar	56.00	1988
800M Relay	Mountain	1:51.00	1983
1 Mile	Jim Gibson – Mtn	4:46.00	1983

13/14 GIRLS

100M Dash	Stacey Alexander – WML	13.30	1996
200M Dash	Laura Walters – Mtn	27.70	1985
Long Jump	Scotti Finnerty – Mtn	16'1"	1993
Shot put – 8lb	Jeanne Ruppel – RR	29'11"	1983
400M Relay	Mountain	55.62	1994
Mile	Lauren Gregory – Indian	5:46.00	2002

15/16 BOYS

100M Dash	Jon Kleinman – Parsippany	11.12	1990
400M Dash	Aaron Eisenberg – WML	54.20	1983
Long Jump	Jon Kleinman – Parsippany	16'2"	1990
Shot put – 12lb	Rich Gawel – Parsippany	46'2"	1990
Mile	Dave Welgos – WML	4:46.20	1988

15/16 GIRLS

100M Dash	Karin Schwarz – Mtn	13.06	1989
200M Dash	Jody Bock – Parsippany	27.34	1989
Long Jump	Leslie Herzog – Mtn	17'1"	1992
Shot put – 8lb	Beth Jacques – Parsippany	37'10"	1988
Mile	Lauren Gregory - Indian	5:22.91	2005

17/25 MEN

100M Dash	Charlie Mound – Parsippany	11.00	1988
400M Dash	Fred Bonner – WML	52.30	1983
600M Mix Rly	Rock Ridge	55.50	2004
Long Jump	Bob Lash – Indian	22'7.5"	1966
Shot put – 16lb	Mike Kratt – Parsippany	47'5"	1991
Mile	Tom Donahue – Indian	4:27.50	1986

17/25 WOMEN

100M Dash	Jody Bock – Parsippany	13.25	1991
200M Dash	Jody Bock – Parsippany	27.79	1991
Long Jump	Karin Schwarz – Mtn	16'1"	1990
Shot put – 8lb	Karin Schwarz – Mtn	40'3.4"	1994
Mile	Lauren Gregory - Indian	5:31.00	2006

26/35 MEN

100M Dash	Tom Holland – Cedar	12.03	1989
400M Relay	White Meadow	48.00	1983
Mile	Peter Kashulines – Mtn	4:43.80	1997
Long Jump	Bob Lash – Indian	19'1.5"	1979
Stand Long Jump	Paulis Mikalianis-Rainbow	9'3"	2007
Shot put – 12lb	Buddy Burgoyne – RR	50'1/2"	1991

26/35 WOMEN

75M Dash	Alexis Gardner – Rainbow	10.39	1987
400M Relay	Mountain	1:01.90	1981
Mile	Cathy O'Brien – WML	5:26.00	2004
Long Jump	Kim McGinley – Cedar	13'9.5"	2002
Stand Long Jump	Megan Luciano -	5'3"	2007
Shot put – 8lb	Kim McGinley – Cedar	34'3.5"	2002

36/45 MEN

100M Dash	Rett Oren (40-49)- Cedar	11.80	1983
4x100M Relay	Mountain	49.69	2002
Mile	Rich Broome – Mtn	4:44.43	2000
Long Jump	Jeff Eggert – Cedar	17'4"	1996
Stand Long Jump	Bill Gleason – Indian	8'0.5"	2007
Shot put 12lb	Buddy Burgoyne – RR	46'5"	1992

36/45 WOMEN

75M Dash	Lynn Eggert – Cedar	9.99	1995
4x100M Relay	Cedar	1:00.06	2001
Mile	Tracey Swenson – Telmark	5:53.00	1999
Long Jump	Linda Ludvik – Parsippany	14'1"	1990
Stand Long Jump	Kathy Doran – Indian	5'9"	2007
Shot put – 8lb	Lynn Eggert – Cedar	33'5"	1991

46/55 MEN

100M Dash	Paul Bound – Cedar	12.72	2003
Long Jump	Bill Peer – Cedar	15'8.5"	1991
Stand Long Jump	Paul Bound – Cedar	7' 2"	2007
Shot put 8lb	George Appel – Rainbow	46' 1"	1999
Mile	Rich Broome – Mountain	4:56.49	2004

46/55 WOMEN

50M Dash	Lynn Eggert – Cedar	7.40	2004
	Jo Santora – Indian (50/O)	7.90	1985
Long Jump	Lynn Eggert – Cedar	11'9.5"	1999
Stand Long Jump	Dottie Smith – Rainbow	5' 2"	2007
Shot put 6lb.	Lynn Eggert – Cedar	31' 11"	1999
Mile	Natalie Grabow – Mountain	6:17.00	1992

56/O MEN

Mile	Ed Smith – Mountain	5:26.29	2000
100M Dash	Bill Peer – Cedar	13.55	1997

56/O WOMEN

Mile	Natalie Grabow – Mountain	6:45.00	2004
50M Dash	Joyce Leuchten – Mountain	8.60	1995

66/O WOMEN

Mile	Bev Eggert – Cedar	8:29.00	2006
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66/O MEN

Mile	Rich Wilde - Rainbow	8:06.00	2006
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MENS VOLLEYBALL**2007 WINNER: Estling****CHAIRPERSON:** Stu Nemiroff – 201-317-8419

LAKE	COACH	PHONE
Arrowhead	Sott Todd	627-8344
Cedar	Daniel Jackson	983-8913
Estling	David Young	537-1607
Indian	Bob Lash	625-3914
Intervale	Rudy Katzenberger	263-8488
Mountain	Tom O'Mullane	331-9310
Parsippany	Bill Goeller	887-8019
Rainbow	Karl Lutschewitz	201-919-1170
Rock Ridge	Nick Groszew	625-1726
White Meadow	Larry Orchard	723-8642

WOMENS VOLLEYBALL**2007 WINNER: Rock Ridge****CHAIRPERSON:** Stu Nemiroff – 201-317-8419

LAKE	COACH	PHONE
Arrowhead	Alex Todd	627-8344
Cedar	Terry Palmer	983-8083
Estling	David Young	537-1607
Indian	Paul Rankin	201-240-9456
Intervale	Bob Steere	402-6760
	Margaret Moratz	794-478
Mountain	Heidi Errichetti	214-6978
Parsippany	Dan O'Connor	428-3744
Rainbow	Katie Appel	953-7232
Rock Ridge	Kelley Curran	586-0204
White Meadow	Jenn Duff	586-1137
	Suzie Palazzo	632-8007

2008 VOLLEYBALL SCHEDULE

Tuesday July 8

Parsippany @ Arrowhead
 Mountain @ Rainbow
 Indian @ Cedar
 Estling @ Intervale
 WML @ Rock Ridge

Thursday July 10

Mountain @ Estling
 Parsippany @ WML
 Intervale @ Indian
 Cedar @ Rock Ridge
 Rainbow @ Arrowhead

Tuesday July 15

Parsippany @ Estling
 Indian @ Mountain
 Arrowhead @ WML
 Rock Ridge @ Rainbow
 Intervale @ Cedar

Thursday July 17

Cedar @ Parsippany
 Mountain @ Intervale
 Rock Ridge @ Indian
 Arrowhead @ Estling
 Rainbow @ WML

Tuesday July 22

Estling @ Indian
 Rainbow @ Parsippany
 WML @ Mountain
 Cedar @ Arrowhead
 Rock Ridge @ Intervale

Thursday July 24

Rock Ridge @ Parsippany
 Mountain @ Arrowhead
 Indian @ Rainbow
 Estling @ Cedar
 Intervale @ WML

Tuesday July 29

Parsippany @ Intervale
 Mountain @ Rock Ridge
 Indian @ Arrowhead
 Rainbow @ Estling
 Cedar @ WML

Thursday July 31

Indian @ Parsippany
 WML @ Estling
 Cedar @ Mountain
 Interval @ Rainbow
 Arrowhead @ Rock Ridge

Tuesday August 5

WML @ Indian
 Parsippany @ Mountain
 Estling @ Rock Ridge
 Arrowhead @ Intervale
 Rainbow @ Cedar

Thursday Aug 7

Rain date/Makeup if required
 Playoff if tie for last playoff spot

PLAYOFFS – TOP 4 TEAMS

Tuesday August 12 – Semi-Finals, 4 at 1, 3 at 2

Thursday August 14- Finals:

First/Second place, Winner of 1 / 4 vs. 2 / 3

Third/fourth place, Loser 1 / 4 vs. 2 / 3

Home team is determined by finishing order as of August 5,
 or last day of regular season.

VOLLEYBALL RULES

Revised 2000 HUB Lakes VOLLEYBALL Rules will apply. A copy of the rules may be obtained by e-mailing stunmn@verizon.net. Additionally, any questions may be e-mailed. *The major changes trial (season) are: games are now 25 points, win by 2, no point cap, rally scoring. All other changes are permanent (any proposed changes to rules are discussed at he year end meeting). The ball may be hit with any part of the body above the knee. No contact is permitted at the knee or below.*

The official ball for HUB Lakes shall be the Tachikara model SV5W or SV18L outdoor or indoor (see HUB Lakes Rules, para. 4.1.5) or the AVP Pro Beach Outdoor ball used last season, now is the official HUB Lakes VB of choice. The home and visiting team shall each provide a ball for the match. Postponements due to circumstances other than weather will be evaluated on a case by case basis by the Chairperson in discussion with the involved teams. It is the responsibility of the teams involved in a postponed game to agree upon a makeup date prior to the end of the regular season play. Do not plan to make up a postponed game due to circumstances other than weather on August 4. The August 4 makeup rain date is just that. The first match postponed due to inclement weather has priority on the August 4 makeup date. Other games must be made up prior to that date. Wednesday, August 5 is reserved for playoff position tie breaker, if required. It is the responsibility of the home team to insure that the home court is in playable condition. If the court is not in playable condition, the home team must notify the visiting team at least 2 days in advance where possible. The game would then be played on the visiting team's court. The home team would remain as scheduled. Four teams will qualify for the playoffs. The win/loss record (as a percent) of play during the regular season round robin (including make-ups) will determine these 4 teams. If there is a tie for the last playoff position, a playoff match will be held to determine which team(s) will qualify for the playoffs. If the tie is for finishing order within the playoff bracket, the regular season head-on-head results will determine the finishing order. In the event of a 3 or 4 way tie (all teams finished in the top 4), finishing order will be determined by means other than a playoff. All scheduled matches will be played in order to determine playoff position. If, at the end of the season, a makeup match can determine which team(s) would make the top 4, then the match must be played. If both teams refuse to play, each involved team will receive a full loss to be used in determining the top 4 teams.

Per HUB Lakes Rules:

1.1 The women's match shall start at 7PM (see rules for details on later starts).

1.2 The men's match will start 15 minutes after the finish of the women's match or 8PM, whichever occurs first (see rules for details on later starts). The highest seeded team at the end of regular season play is the home team during playoffs. Each team is expected to supply score keepers and officials for each match. The coach for the winning team is responsible for phoning in results to the Chairperson each week. Results may be e-mailed to stunmn@verizon.net. Please use the subject "HUB VB Scores" when e-mailing scores in so I do not automatically delete your e-mail. Phone results to 201-317-8419.

CO-ED VOLLEYBALL**2007 WINNER: Estling****CHAIRPERSON:** Jack Murray-627-4829

LAKE	COACH	PHONE
Cedar	Lynn Eggert	625-5168
	Terry Palmer	983-8083
Estling	David Young	537-1607
Indain	Paul Rankin	201-240-9456
Mountain	Heidi Errichetti	214-6978
Rainbow	Doug Crellin	664-0854
Rock Ridge	Nick Groszew	625-1726
Telemark	John Titus	769-8177
White Meadow	Stu Nemiroff	627-8249

CO-ED RULES

1. All HUB Lakes Volleyball rules apply.
2. The height of the net shall be the men's height.
3. Seedings are based upon last years performance.
4. Teams will consist of 4 players, 2 males and 2 females. Each lake may only enter 1 team. Substitutions permitted per volleyball rules.
5. Teams must have 2 females and 1 male on the court. A team that cannot place 2 females and 1 male on the court will forfeit the game. A female must contact the ball if that team uses 2 or more of its team contacts.
6. One back row male may block at the net during rotation where 2 females are positioned in the front row. However, the male may only attack the ball from behind the ten foot line.
7. The losing teams in the opening round will advance on tie breaker rules, which will be used to determine final placements where appropriate. Tie breaker rules will be calculated from the results of the last match played, and are as follows:
 - a. Most games won.
 - b. Most points scored.
 - c. Least points allowed
 - d. Coin toss.

2008 CO-ED VOLLEYBALL TOURNAMENT**SATURDAY – JULY 19, 2008 (Rain date July 26)****9AM – Rock Ridge (Captains @ 8:30AM)****Round Robin – Quarterfinals, Semifinals & Finals****ALL teams must be at Rock Ridge by 9AM.****ANY lake can enter a team – you don't have to be listed.****Rock Ridge Field is located on East Glen Road. Turn left off Diamond Spring Rd onto Entrance Way – at the end turn right onto East Glenn.**

2008 Personal Boosters

LAKE ARROWHEAD

Go Lake Arrowhead Best of Luck in
 '08--The Stein Family
 Al and Eileen Atkinson
 Bill & Karen Condon
 Bob & Anne Seijas & The Kids
 Arrowhead rocks!
 The Williams Family
 Best of luck to the PARTIE Swim
 Team (Go Lake Arrowhead!),
 The Flessners
 Barbara Kane & Johnny
 Robin Bachman
 Go Arrowhead Sports Teams!!
 Michael, Stephanie, & Stephanie
 Bertram —
 Go Arrowhead Horseshoes!
 Bob & Kathy Anderson
 Paul & Cathy Dean—Do your best!
 Go Lake Arrowhead-
 The Baresh Family
 Support your Lake, Go Arrowhead
 The Hobart's
 GO Arrowhead!!
 From The Lauver's
 Lake Arrowhead All the Way!!!!
 Love the Reh's
 Go Lake Arrowhead! Let's have
 another great summer!
 Roy Hope Ava & Trevor Ritchie

LAKE PARSIPPANY

Lake Parsippany Sailing Club
 Good Luck Lake Parsippany!
 Past President RJM

CEDAR LAKE

OUR BEST TO CEDAR LAKERS!
 Bill Heilig & Janis Nixon Fols
 Dominate in 2008 Cedar Lake!
 Bill Henning-Hillcrest Drive
 Good Luck Cedar!--Chris, Karin, Karin,
 Daniel & Lauren Jackson
 Be the BEST that you can be Cedar!
 Vinnie, Susan & Sarah Priore--
 Hillcrest Dr.
 Cedar Lake: Give it your best!--
 Dennis, Susan, Leif & Sean
 Ulversoy
 Kaille, Klaire, Debbe & Ken Woodin—
 Go Cedar!
 Be Proud! Go Cedar!--
 Steve & Teri Palmer, Lily & Grace
 Go Cedar!! The Marshall Family
 Cedar Lake rocks! Sean, Jenny, Alec,
 & Ben Cuhney — Hillcrest Drive

LAKE TELEMAR

Go Telemark Horseshoes—2008!
 The Baruti Family
 Good Luck Telemark in Horseshoes &
 Softball-- The Bischer Bunch
 Go Get 'em Telemark!--
 The Carpenter Family
 GoTelemark!--The Eike Family
 Let the good times roll Nor—T. H.
 Have a great summer! Go Teams!--
 Mike, Rose & Briana
 The Jenkins Family—
 Go Women's Horseshoes!
 Go Ladies' Horseshoes!!
 The Pattersons

2008 Personal Boosters

ESTLING LAKE

The Baschuk Family
 The Berzin Family
 The Bischoff, Newton and
 Bayard Families
 The Bleser/Taylor Family
 The Blewett Family
 The Buie-Miller Family
 The Coll Family
 The Collins Family
 The Connelly, Macaluso, Moore and
 Zaleski Families
 Good Luck, Estling Lake! Camp 46
 Go Estling! The DeAngelis Family
 The DeLanays
 Go Estling! Diana and Alan Dell
 Let's Go, Estling!
 Jake and Beckylee Dell
 The Devine Family
 The Doherty Family
 Marg & Alf Edwards
 Doris Edwards
 Estling Lake Ladies' Club
 Estling Lake Men's Club
 The Ferguson Family
 The Focht Family
 Andrew and Inge Fono
 Jean and Bud Foster
 The Geissler, Thomas and
 Frost Families
 The Horn Family
 Good Luck, Estling! Nancy Imhoff
 Here's to a great summer '08!
 Go Estling!-- The Jamison Family

ESTLING LAKE

The Loux Family
 Annette Luger
 Good luck to Estling!
 Marilyn & Bill Lungren
 Here's to a fine season for all our
 Estling athletes! The Mertens
 The Mutter Family
 Carl Pfeiffer
 Best of Luck in '08!
 The Pomeroy Family
 Estling Lake--Always a Winner!
 Diane and Rick Price
 It's good to be home again! Camp 40
 Athlete for Life! Jim Reitwiesner
 Jane & Arnold Rey
 The Saulters and Dawn and Scott
 The Schran Family
 Go Estling!! Glen & Marg Skar
 The Taylor-Edwards Families
 Go Estling!--The Taylors at Camp 45
 Proud to support Estling Lake!
 Ruth Mitchell & Byron Walker
 The Whitlock & Meister Families –
 Do your best and have fun!
 Go Estling! Hoping for another
 successful year!
 The Whitlocks @ Camp 27
 Go Estling! Camp 24
 The Young Family
 Estling—"To Blessed To Be Stressed"
 The Zaleski-Froisland-Nicholson
 Families

2008 Personal Boosters

INDIAN LAKE

Cacellas
 Go Indian! Somogyis
 Go Indian Lake!—
 The Deemers
 Ladies' Softball Rules!
 The Dreisbachs
 Go Indian!—The Elko Family
 Go Women's Softball!
 The Fisher Family
 Let's Go Indian!—
 The Huss Family
 Here's to the BIG 10!!
 The Gribbon Family
 Let's Go ILCC Sports!
 ILCC Women's Club
 The McCaogheyc Family
 Go Indian Lake!--Colin
 Go Indian—Let's "10" Peat!
 The Reichhard Family
 Go Indian Lake!—McDuff!
 Go Indian! The Walshes—
 Patrick, Kathy & Boys

INTERVALE

Rudy and Laura Katzenberger and
 Family—
 Go Lake Intervale 2008
 Bob and Carolanne Steere—
 Have a Great Summer Intervale
 2008!
 Anthony and Lisa Zitelli and Family—
 Go Lake Intervale 2008
 Matt and Michelle Zitelli and Family—
 Go Lake Intervale 2008
 Ward Family—
 Go Lake Intervale Golf 2008
 The Acree Family—
 Go Lake Intervale 2008
 The Pulchalski Family—
 Good Luck Lake Intervale 2008
 Go Lake Intervale2008—
 Rudy & Jane Katzenberger
 Chuck & Jo and Family—
 Good Luck Intervale 2008
 The Satch Family—
 Go Lake Intervale Volleyball 2008
 The Smith Family—
 Go Lake Intervale 2008
 The Diggie Family—
 Go Lake Intervale 2008
 Debbie & Ron Cobo and Family—
 Go Lake Intervale 2008
 The Moratz Family—
 Go Lake Intervale 2008
 LIMA — Go Lake Intervale Volleyball
 2008
 LIMA — Go Lake Intervale Golf 2008
 LIMA — Go Lake Intervale Softball
 2008

2008 Personal Boosters

RAINBOW LAKES

Good Luck Rainbow Sports Teams—
 The Mparakes Family
 Go Rainbow—The Kohaut Family
 Good Luck Rainbow—Kevin Murphy
 Rainbow all the way—
 The Engfer family
 Alex & Sean—Swim like fish!
 Go Ranibow! The Levorse Family
 Good Luck Rainbow!—
 The Malloy Family
 Go Rainbow—The Marron Family
 Rainbow all the way!—
 The Walker Clan
 It's about the effort!—
 The Mikorski Family
 Rainbow's tops!— The Capone Family
 Rainbow all the way!—Bow Bar
 Rainbow #1—Tracy Arra

RAINBOW LAKES

Good Luck, Rainbow!—
 The Worthington Family
 Go Rainbow—
 Greg, Dottie, & Evan Smith
 Gooooo Rainbow!—
 The Malanka Family
 Go Rainbow Athletes—The Fox Family
 Go Rainbow—Debbie & Doug Bell
 Good Luck Rainbow—
 The Crellin Family
 Go Rainbow—The Barna Family
 Rainbow #1!—Jonesy
 Go Rainbow—Kim Douglas
 Good Luck Rainbow—
 The Lifschin Family
 Go Rainbow! You're the BEST!—
 Edie Stitt
 Cheers for Rainbow! The Monti Family

